

# The Wild West: Cannabis Industry - Safety Problems, Risk Factors, and Exposures



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#### **Overview**



- Basic Terminology
- Types of Products
- Common Jobs
- Cannabis Production
- Loss Prevention
   Focus
  - Industrial Hygiene
  - Safety
  - Ergonomics



# **Basic Terminology**

#### Cannabis

- Tetrahydrocannabinol (THC)
- Cannabidiol (CBD)

#### Some Plant Parts

- Cola, Trichomes, Flower, Leaves
- Plant Types
  - Indica, Sativa, Hybrids
- Type of Grows
  - Indoor or Outdoor





# **Types of Products**



#### Inhalation

Smoking by pipes, joints, water pipes, vapes, shatter

#### Edibles

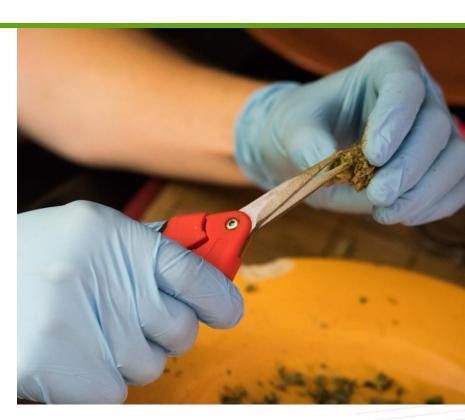
- Cookies, coffee, chocolate, mineral water, gummies, soda, cannabutter
- Concentrated Liquid Extract
  - Tincture
- Oils and Creams





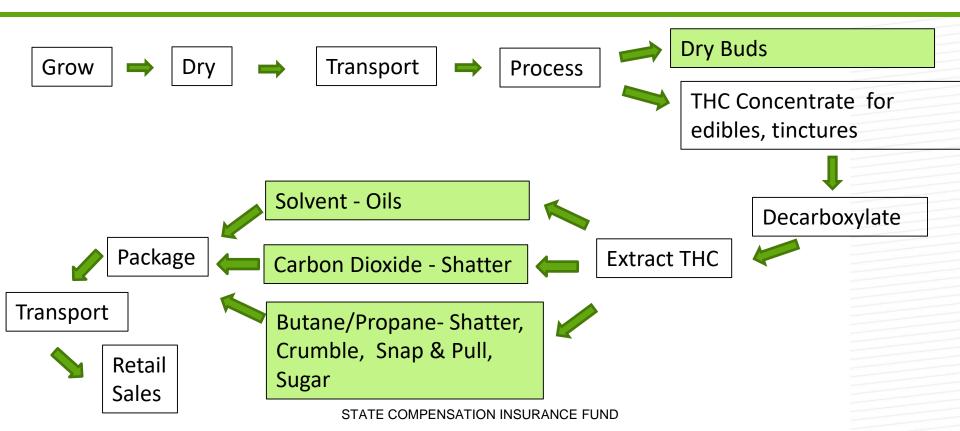
#### **Common Jobs**

- Cultivator
- Trimmer
- Extraction Technician
- Edible Producer
- Budtender
- Lab Technician
- Production
- Brand Ambassadors
- Drivers
- Security
- Maintenance/Office Staff





#### **Cannabis Production - Overview**





### **Exposures**

#### **Exposures Covered:**

- Grow Lights
- Dusts
- Extraction
- Distillation





# **Indoor Grow Lights - LED**

#### Light Emitting Diode Lights (LED)

- Mimics Sunlight
- Red Light (flowering)
  - Not hazardous
- Blue Light (growth)
  - · Interferes with sleep, melatonin
  - Cornea can't block, retinal damage
- UVA
  - Retinal burns
- UVB
  - Corneal damage
- No Mercury in Bulbs





# **Indoor Grow Lights - HPS**

# High Pressure Sodium Lights (HPS)

- Visible light only
- Intense (bright light)
- Heavy in Red Light for Flowering
- Produces a Lot of Heat
- Broken Bulb Hazards
  - Mercury and UV light
- Chronic Hazard for Retinal Burns





# **Indoor Grow Lights - Metal Halide**

- Metal Halide Lights (MH)
  - Full Spectrum
  - Blue Light (growth)
    - Melatonin blocker
    - Retinal damage
  - UVA, UVB
    - Retinal burns
    - Corneal damage
  - Infrared Light
  - Contains Mercury Vapor and Metal Halides





## **Indoor Grow Lights - Others**

- Fluorescent Light
  - Small scale
  - Not as intense
- Incandescent Bulbs
  - Never used for growing





## **Lighting Hazards Controls**

- Limit exposure time
- Grow lights off for maintenance
- Skin coverage, clothing
- Special glasses
  - Dependent on type of grow light







**HPS Grow** 



#### **Dust Exposures**

- Dried Leaf Dust
  - Grinding to fine powder prior to extraction
  - Hammer Mill grinder, smaller scale grinders
- Activated Carbon Dust
  - Removal of chlorophyll from extract solution
- Sugar/Citric Acid Dust
  - Addition to mixer that coats edible candies and gummies.
- Respirators or dust masks present but no instruction, fit test, medical clearance







## **Extraction – Ethanol and Dry Ice**

- Ground leaves added to ethanol bath in extraction vessel
- Temperature reduced with dry ice
- Solution recirculated
- Small unventilated room
- CO2 Sublimates
  - Solid CO<sub>2</sub> → Gaseous CO<sub>2</sub>
- Odorless and colorless.





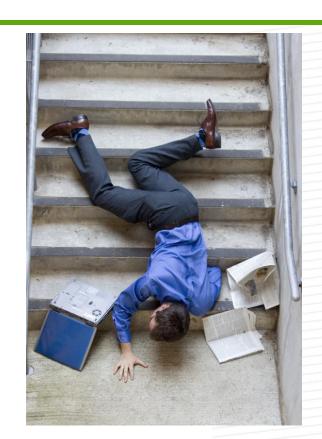


# Carbon Dioxide (Dry Ice) Hazards

Asphyxiant and Toxic

Low levels – headaches and dizziness

 Higher levels - rapid breathing, confusion, increased heart rate and blood pressure, arrhythmias, and even death.





#### **Carbon Dioxide Hazards**

#### Occupational Exposure Limits for Carbon Dioxide (CO<sub>2</sub>)

Cal-OSHA PEL	Cal-OSHA Short Term Exposure Limit	ACGIH TLV	ACGIH Short Term Exposure Limit
5,000 ppm	30,000 ppm	5,000 ppm	30,000 ppm
0.5%	3%	0.5%	3%

Key to Table Abbreviations:

PEL - Permissible Exposure Limit (8 hour time weighted average)

ACGIHTLV- American Conference Governmental Industrial Hygienists Threshold Limit Value (8 hour time weighted average)

Ppm-parts CO2 per million parts of air

Normal air contains 0.04% CO<sub>2</sub> (~400ppm)

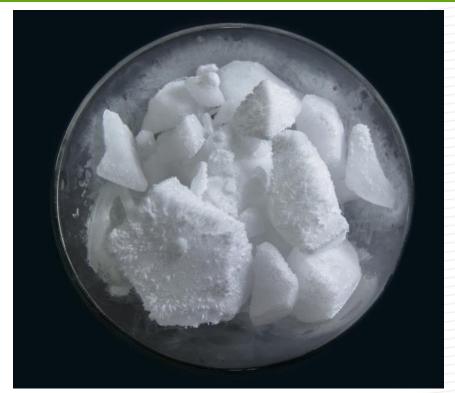


## Carbon Dioxide (Dry Ice) Hazards

Dry ice is very cold

- Surface temperature of
  - -109.3 degrees Fahrenheit

- Skin contact causes burns
  - Similar to frostbite
  - Happens quickly





# **Dry Ice Storage**



Typical container

- When lid opened
- >3000 ppm CO2



# Other Carbon Dioxide Exposures

- Decarboxylation
  - Converts THC-A to THC
  - Removes Carbon Dioxide

$$\begin{array}{c}
0 \\
R
\end{array}$$
R-H + 0=C=0

- Elevated CO<sub>2</sub> Levels in Indoor Grows
  - Large tanks outside building plumbed in





#### **Ethanol Extraction - State of Art**







# **Carbon Dioxide Extraction System**

- Automated CO<sub>2</sub> Extraction System
  - Forms Supercritical CO<sub>2</sub>
    - Gas-liquid form of CO<sub>2</sub>
    - Temperature
    - Pressure
  - No Solvent Residues
  - Fractionation of Terpenes (better flavor)
  - Carbon Dioxide is Recycled

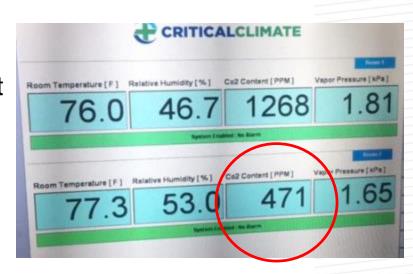




#### **Carbon Dioxide Controls**

- Carbon dioxide emissions vented to outside
- Carbon dioxide personal monitor—direct reading
- Fixed carbon dioxide detector in room

- Proper PPE for handling dry ice
  - Cryo gloves, face shield, and apron





## **Propane/Butane Extractions**

- Cool gases until they liquefy using low pressure and temperatures
  - Propane Boiling Point 44°F
  - Butane Boiling Point 30°F
  - Run liquefied gas through sock filled with dried cannabis
- Capture liquid extract at bottom
- Modify temp and pressure to drive off the gases





#### **Controls - Flammable Gas Extractions**

#### Ventilation

- Fume hoods
- Walk-in hoods
- Booths
- Exhausted rooms



- LEL Detectors
  - Fixed with warning alarm and/or light
  - Portable for detecting leaks in system
- Hearing Protection







# **Distillation Removes Extraction Solvents**



#### **Rotary Evaporation**

- Under Vacuum
- Heating of Ethanol
- Drives off solvent at boiling point
- Cannabis oil left behind



#### **Fractional Distillation**

 Further separates THC fractions with different amounts of terpenes

 Gives the oil a different flavor depending on terpene blend

Involves heating the oil/solvent mixture further under vacuum





#### **Controls for Distillation/Solvent Removal**

- Staff Monitoring of Still
- Ventilated Rooms
  - Lab hood for filtering, small scale extracts
- Exhaust Systems
  - similar to standard lab type exhaust hood for still.
- PPE gloves, lab coats, safety goggles





# **Safety Hazards**

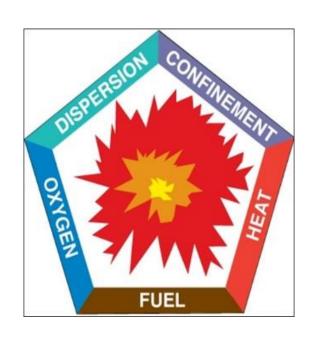
- Combustible Dust
- Electrical Hazards
- Trip Hazards
- Fire Suppression
- Security
- Heat Illness

- Tractor Safety
- Forklift Safety
- Licensing Safety Requirement
- Pesticide Safety
- Chemical Hazards



#### The combustible dust pentagon

- Combustible dust
- Dispersion of dust particles
- Source of ignition
- Confinement of dust cloud
- Oxygen in the air





# **Combustible Dust Explosion**



Cannabis buds

Ground to powder for extraction

**BOOM!** 



#### **Combustible Dust Solutions**

- Improve housekeeping
- Use dust collection systems
- Eliminate fugitive dust from equipment
- Minimize horizontal surfaces that collect dust



- Use only explosion proof vacuum cleaners
- Bond/ground appropriate equipment
- Control static electricity
- Eliminate open flames, sparks, smoking and friction

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#### **Electrical Hazards**





**Electrical Panels** 



# **Trip Hazards**

- Extension Cords
- Watering Hoses
- Clutter
- Poor Housekeeping
- Water/Mud





# **Fire Suppression**

- Fire alarms
- Smoke detectors
- Fire suppression
- Flammable cabinets
- Fire extinguishers
- Fire prevention plan





# **Security**

- Security Cameras
  - Recorded?
- Security Guard
  - Armed?
- Relationship with local Police





#### **Heat Illness**

- Outdoor Heat
  - Shade
  - Training
  - Emergency Procedures
  - Water
  - High Heat Procedures
- Primary areas of concern
  - Outdoor growing operations
  - Distribution areas/warehouses with outdoor work areas

- Indoor Heat
  - Humidity
  - Ventilation
  - Temperature
  - Water
- Primary areas of concern
  - Kitchen
  - Greenhouses
  - Distillation areas
- Cal OSHA proposed standard
  - Trigger temps of 82°F and 87°F



## **Tractor Safety**

- ROPS
- Tractor training
- Tractor safety rules
- Daily Inspections



## **Forklift Safety**

#### Located in distribution/warehouse

- Ventilated area
- Eyewash station
- Certifications
- Power Industrial Truck poster displayed
- Demarcation of pedestrian walkways



## **Licensing Safety Requirement**

# Cal Cannabis Cultivation Licensing

OSHA 30 General Industry Training (CCR Title 3, Section 8102(bb)

- One supervisor
- One employee

CCR TITLE 3. Food and Agriculture Division
DIVISION 8. Cannabis
Cultivation
Chapter 1. Cannabis

**Cultivation Program** 



## **Pesticide Safety**

- Required in Cultivation
- Pesticide Applicator
- Worker Protection Standard
- Proper Storage of Pesticides





#### **Chemical Hazards**

#### **Compressed Gas Cylinders**

- Storage
- Secured

#### **Hazardous Liquids Storage**

- Flammable cabinet
- Secondary containment

#### **Hazardous Waste Storage**

#### **Sensitization to Cannabis**

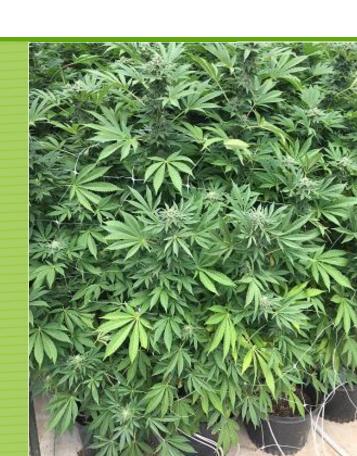
- Skin reaction to resin
- Breathing reaction from cannabis dust, mold, pesticides, solvents, soil components, ozone, other chemicals used in extraction...





## Required Programs

**Injury and Illness Prevention Program Emergency Action Plan** Fire Prevention Plan **Heat Illness Prevention Plan Indoor Heat Illness Prevention Plan Hazard Communication Program Respiratory Protection Program Hearing Conservation Program Confined Space Control of Energized Equipment (LOTO) Machine Guarding Ventilation Maintenance Violence in the Workplace / Active Shooter** 





## **Ergonomics: Risk Factors for Musculoskeletal Injuries**

- High Hand Repetition, Awkward Postures, Pinch Grip Forces – opening and closing childproof packaging, trimming
- **Lifting and Carrying** boxes, plant containers, bags of soil, buckets
- Awkward Postures bending, overreaching
- Pinch Grips, Forceful Exertions –
   hand tools (shovels, hulas, pruners)





#### Packaging – Opening and Closing Bag

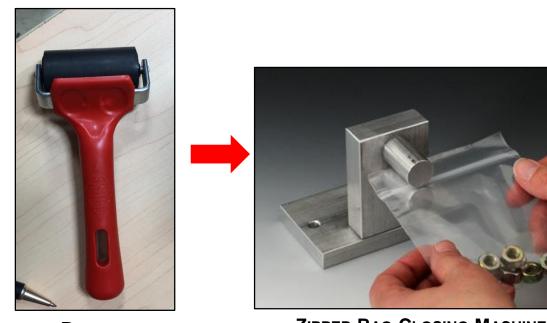
#### Childproof bags

- Risk Factors
  - Pinch/pull forces from opening
  - Pinch forces from closing to seal bags
  - Duration
    - Hundreds/day





#### Improvements Made



**ROLLER** 

ZIPPER BAG CLOSING MACHINE ASSOCIATEDBAG.COM

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Eliminated risk all together by automating the bag sealer



## **Opening Childproof Bag**

Bags are now delivered OPEN after concerns were expressed to the bag manufacturer



## **Removing Cookie Dough**

High forceful exertions using a scrap type of tool with awkward postures from trying to remove hard/cold cookie dough



Parchment paper used as a base easy to remove cookie dough
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## **Cultivation - Transplanting**

#### **Risk Factors**

- Static Posture
- Bending at the Waist (flexion)
- Twisting
- Overreaching





#### **Improvement Option**

Raise the work using tables



#### **Cultivation**

**Job Task:** Lifting and carrying a 5-gallon bucket of "Worm Water"

- Distance is 75-feet
- Weight is ~40-pounds

#### **Risk Factors**

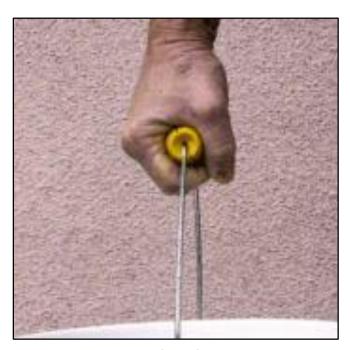
- Concentrated pressure to the fingers
- Asymmetric Load
- Awkward/Static Posture
- Forceful Exertion







### **Improvement Options**



Use a bucket grip



Use a cart to carry the bucket

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### **Improvement Options**

## Lifting Tool for Carrying Plant Containers

- Allows a full-hand power grip
- Decreases bending
- Reduces lifting strain
- Can improve productivity



NIOSH: Simple Solutions for Farm Workers



#### **Improvement Options**

- Keep hand tools sharp
- Keep trimmers clean from resin
  - Scrape resin off
  - Soak in rubbing alcohol
  - Use Teflon or Fluorine coating
- Consider better tool options
  - Rotating pruner handle
  - Spring loaded or ratchet
  - Easier
  - Comfortable



Trimmers for fine work



Sharpen Tools Family Handyman©





#### Ratchet Pruners with Rotating Handle

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