

The Exposure Science Frontier

Jennifer Sahmel, MPH, CIH, CSP

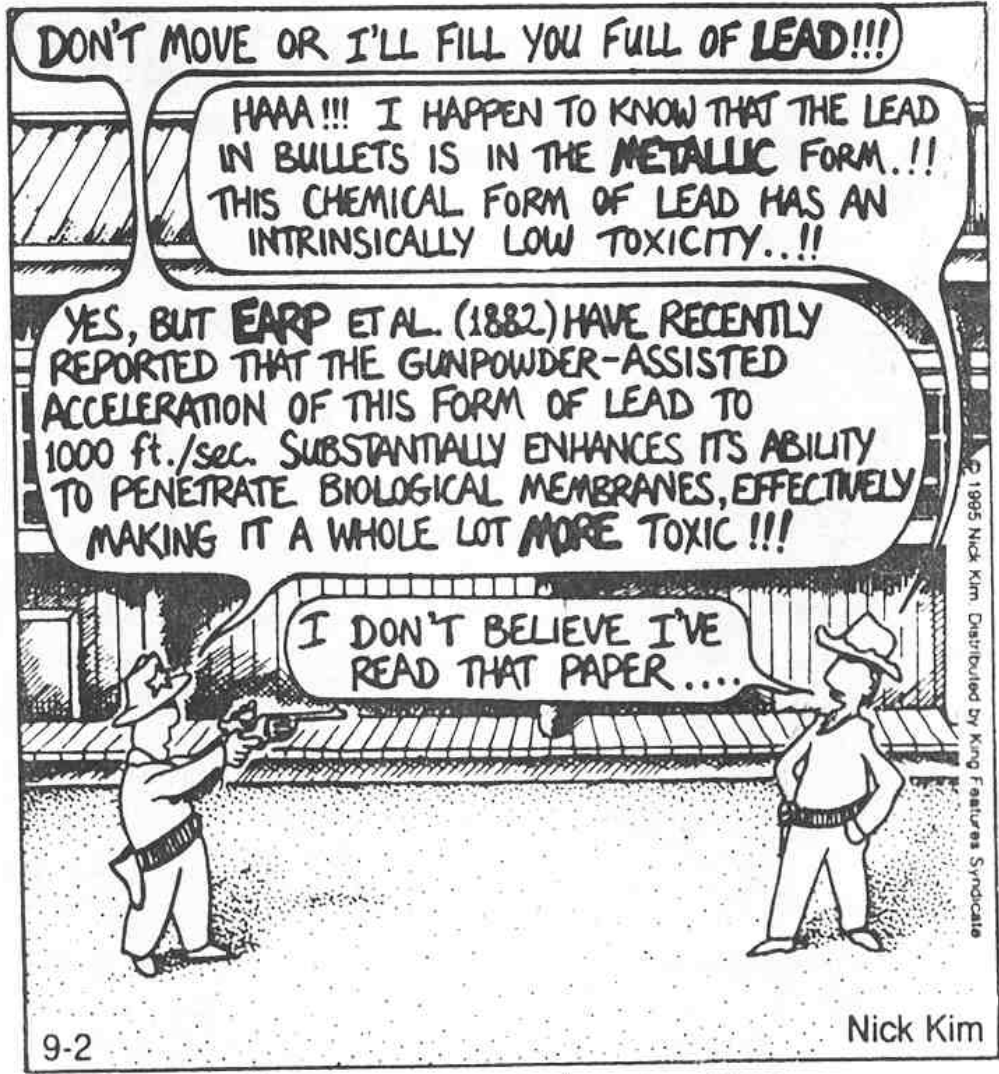
Insight Exposure and Risk Sciences

December 5, 2017



exposure & risk sciences

The New Breed



Environmental scientists in the Wild West.

Exposure Science: Overview

- Types of Exposures
- New and Cutting Edge Methods of Exposure Analysis
 - Sensor Technologies
 - Big Data
 - Statistical Analysis
 - Monte Carlo Analysis
 - Bayesian Decision Analysis



Exposure Classification is Important!

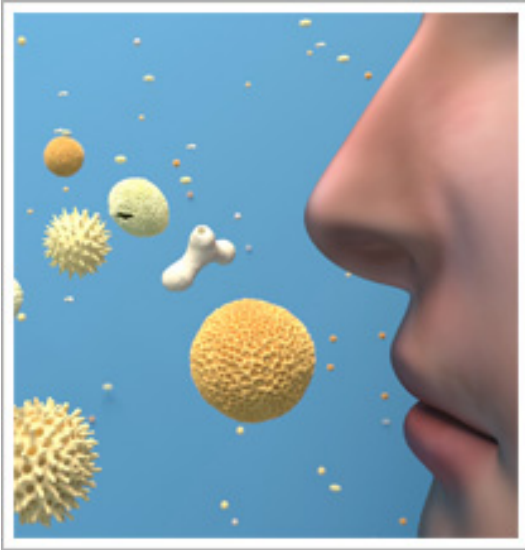
- Recent studies have highlighted the effects of **exposure misclassification** on
 - Can be the most important confounding factor in an epidemiology study
 - We must continue to improve exposure science to get exposure classification correct



Types of Exposures



Routes of Exposure

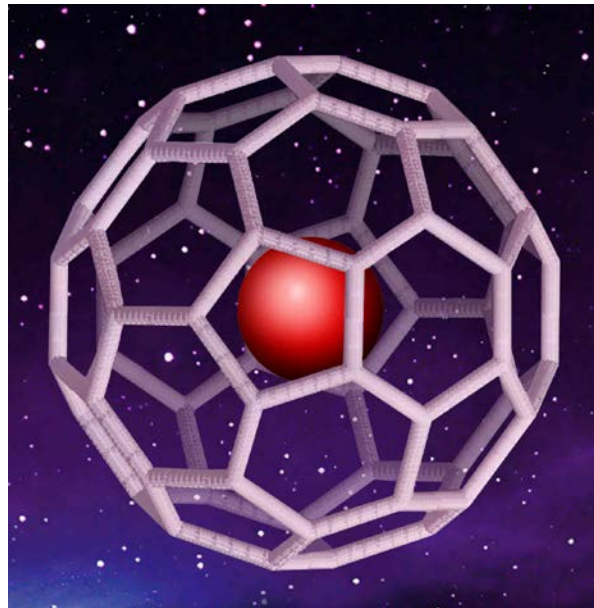


Routes of Exposure

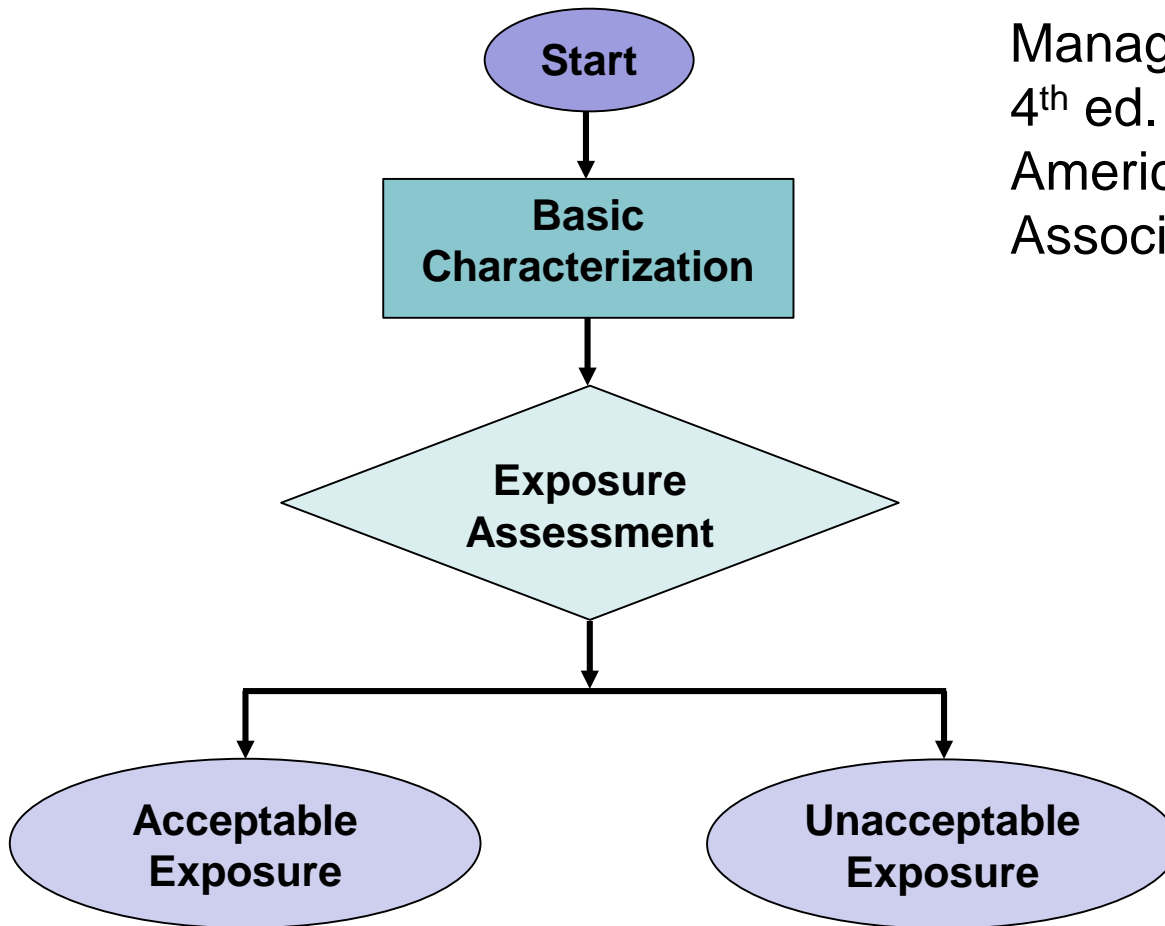
- Inhalation
 - Gases, Aerosols, Particulates
- Dermal (Liquids and Solids)
- Ingestion (Hand to Mouth)



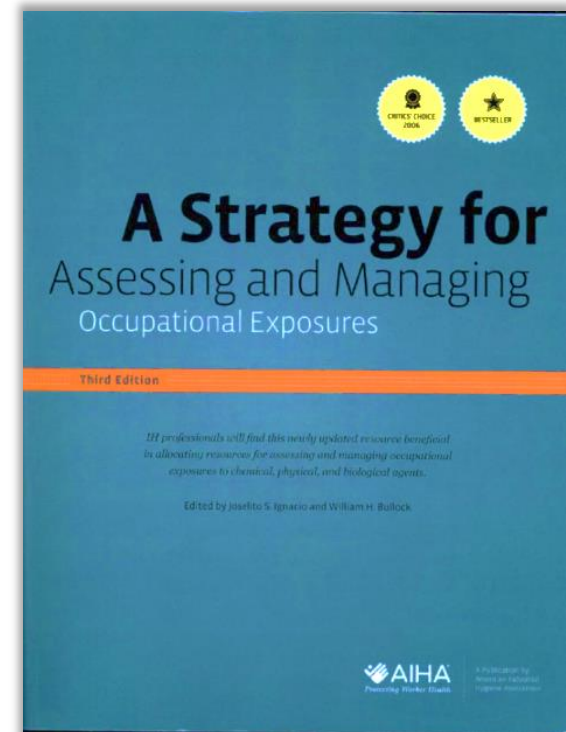
Methods of Exposure Analysis: New and Cutting Edge Approaches



AIHA's Exposure Assessment Strategy



A Strategy for Assessing and Managing Occupational Exposures, 4th ed. Ignacio and Bullock (eds). American Industrial Hygiene Association, Fairfax, VA. 2015.



Selecting the Best Approach for Assessing Exposures

- Quantitative Approaches
- Semi-quantitative Approaches
- Qualitative Approaches
- Combination Approaches



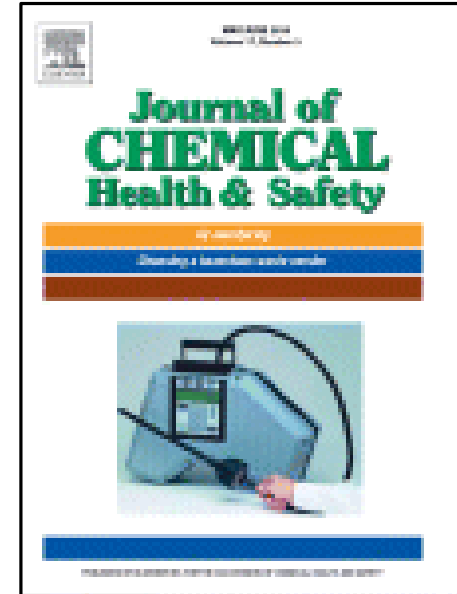
Quantitative Approaches

- Use of exposure data
 - historical personal exposure data
 - current personal exposure data
 - area data as a surrogate for personal exposures
 - simulated exposure scenarios
 - biological monitoring data

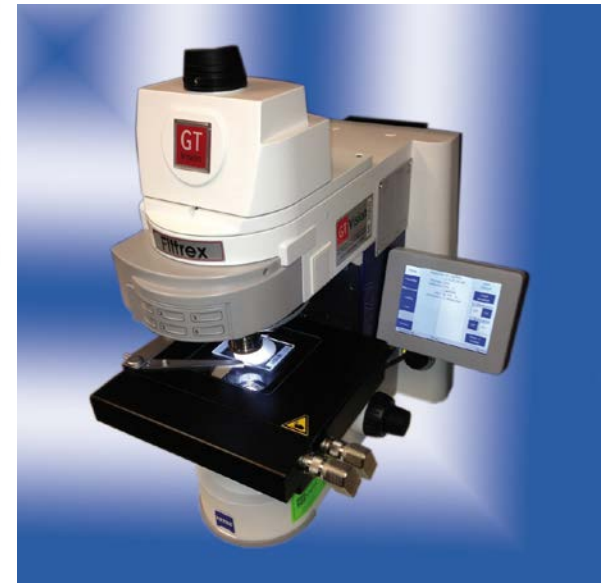


Types of Direct Reading Instruments

- Gas and vapor methods
- Colorimetric Devices
 - Active
 - Passive
- Instruments
 - Galvanic
 - Thermochemical
 - Electrochemical
 - Spectrochemical
- Aerosol methods
- Colorimetric Methods
- Optical Particle Monitors
 - Photometers
 - Condensation particle counters
 - Wide-range aerosol spectrometer
- Tapered Element Oscillating Microbalance
- Time-of-flight Mass Spectrometry
- Beta Attenuation
- Scanning Mobility Particle Sizer/Differential Mobility Particle Sizer
- Aerodynamic Particle Sizer
- Fiber Monitors




Quantitative Approaches: Direct Reading Instruments



Sensor Technologies and Direct Reading Instruments

Body of Knowledge

Field Use of Direct-Reading Instruments for Detection of Gases and Vapors



Journal of Chemical Health and Safety
Volume 17, Issue 3, May–June 2010, Pages 10-21



Feature
Direct-reading methods for workplace air monitoring ☆
Christopher C. Coffey, Terri A. Pearce
[Show more](#)
<https://doi.org/10.1016/j.jchas.2009.08.003> [Get rights and content](#)

Direct-reading methods (DRMs) are valuable tools for detecting and measuring worker exposure to inhalation hazards. A DRM can be either a device or instrument capable of measuring gases and vapors and aerosols such as dusts, fumes, and mists without manipulation of the sample by the user or sending the sample to an offsite laboratory. Devices are those DRMs that are simple, single point in time measurement of exposure. Instruments are DRMs that contain a sampling system, signal-processing electronics, a display system, and a

Sensor Technology Summit - The Future of Sensors

AIHA.org - Sensor Technology Summit Webpage



On July 18 and 19, 2016 at the AIHA offices in Falls Church, VA, this unprecedented Summit discussed, among many other questions, the following:

- What emerging sensing technologies are relevant to industrial hygiene?
- What if you had access to validated direct read instrumentation, specific to the needs of the industrial hygienist, which incorporated the latest sensing technologies?
- What improvements to detection, monitoring, prediction – and worker health – might be possible by 2021?
- What changes in hazard sensing - performance, regulation, access, and education - are needed to make that 2021 vision a reality?

Quantitative Approaches: Big Data

Most IHs work with very limited data points—many of us would be happy with, say, six measurements of a worker's exposure. Now think of a future with six measurements *per second*.

the synergist

Sponsored by Nanozen

Synergist[®] Solutions: Big Data

Big Data in Occupational Hygiene

By Peter Briscoe

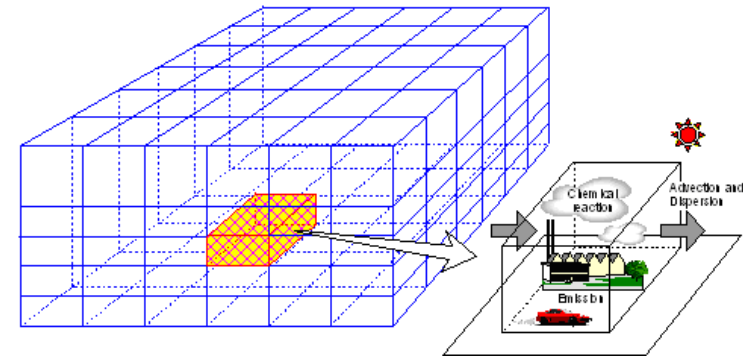
Humans are visual beings. Fully two-thirds of our brains' processing ability is engaged with visualizing our world. The result is that we can make better decisions much faster if the information to make those decisions is in a visual format.

For the past 40 years, communication and computing power has improved to the point that we can create visualizations for almost any type of data. Today there is a vast, ever-expanding volume of data available for any number of applications. The prevalence of large, complex datasets has given rise to the term "big data." Using these large datasets can lead to more confident decision making and better decisions, resulting in greater operational efficiency, cost reduction, and reduced risk.



Semi-Quantitative Approaches

- Use of exposure data matrices or job exposure matrices (JEMs)
- Use of exposure determinants
 - ventilation system and rates
 - work practices
 - type of equipment used
- Data interpolation or estimation to fill gaps
- Mathematical modeling methods
 - single zone, two zone



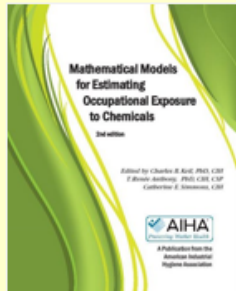
IH MOD



IH Mod

Comité de estrategias de evaluación de la exposición, AIHA

Español



Charles B. Keil
Catherine Simmons
T. Renée Anthony
Ed. AIHA Press

Esta hoja de cálculo Excel contiene numerosos algoritmos útiles para el cálculo de la concentración de una sustancia química en el ambiente. Las formulas y/o ecuaciones incluidas en la presente hoja de cálculo han sido ya definidas en la literatura. El signo de interrogación en verde es un hipervínculo que permite el acceso a las informaciones destinadas a los usuarios así como a la ayuda general.

Los usuarios consultarán esta herramienta como una fuente de información acerca de los límites y aplicaciones de los algoritmos. Los usuarios son responsables de la revisión, la comprensión y la transmisión de las limitaciones de todas las evaluaciones efectuadas con la ayuda de la presente hoja de cálculo.

Selección de modelo

Modelo de área con aire uniformemente mezclado y tasa de emisión constante



Versión 0.212

If this file doesn't work



Comité EASC

Colaboradores
de traducción



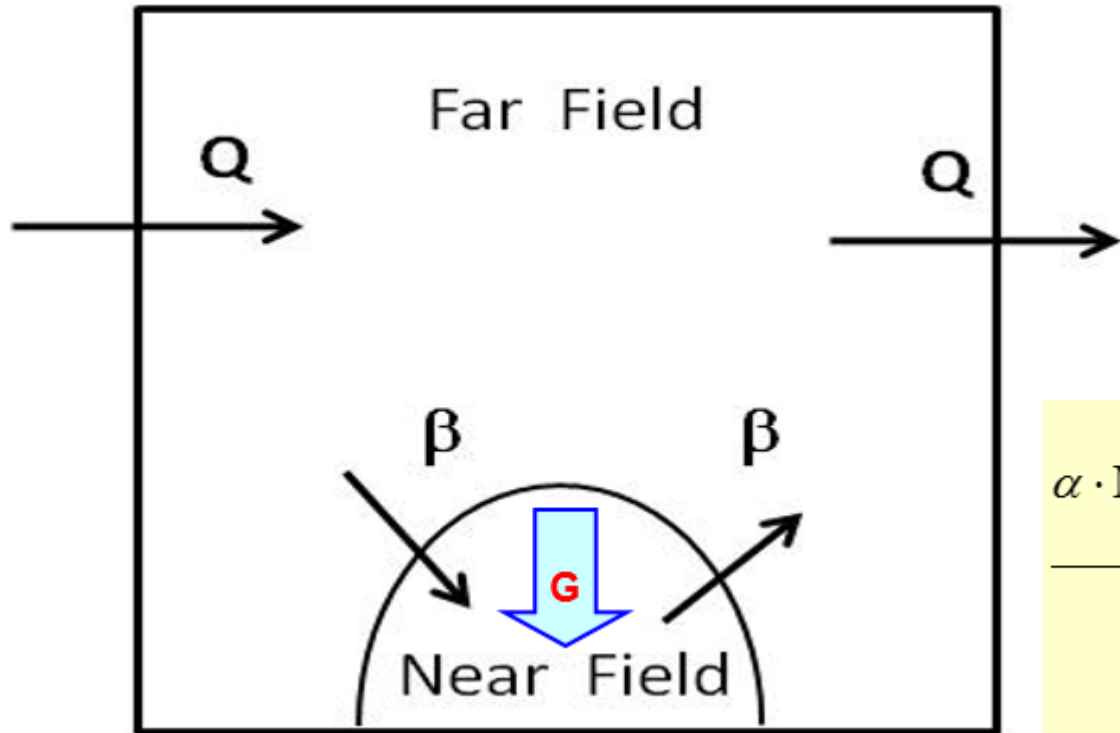
UNIVERSITY OF MINNESOTA
School of Public Health

Université
de Montréal

Pestañas visibles (sí/no)

Descargo de responsabilidad

IH MOD



IH MOD

IH Mod
?

Modelo de dos zonas: emisión constante en zona cercana (ZC) y lejana (ZL) con la opción de fin de emisión



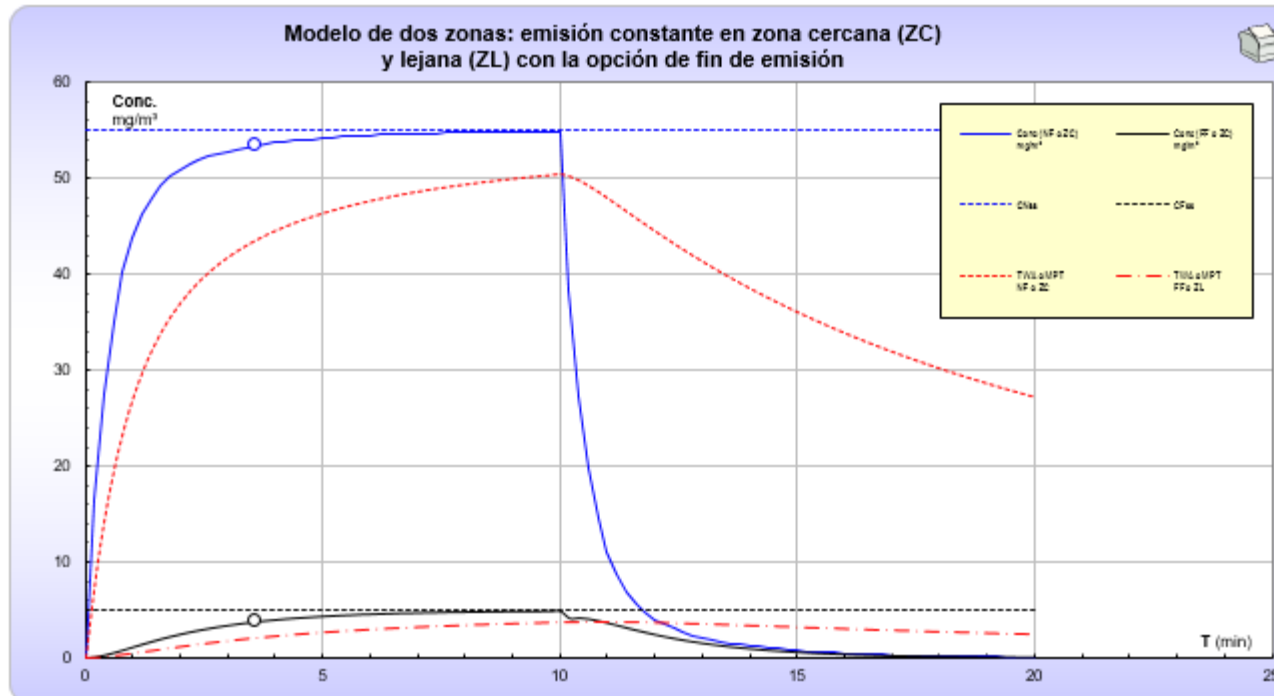
La tabla de

Valores iniciales ¿Modificar los valores?

Volumen del área (V)	42 m ³	< >	42 m ³
Volumen de la zona cercana (Vn)	1 m ³	< >	1 m ³
Volumen de la zona lejana (Vl)			41 m ³
Tasa de emisión constante (G)	100 mg/min	< >	100 mg/min
Tasa de flujo de aire entre la zona cercana y lejana (β)	2 m ³ /min	< >	2 m ³ /min
Tasa de ventilación (Q)	20 m ³ /min	< >	20 m ³ /min
Tiempo máximo de simulación...	20 min		
Tiempo al final de la emisión	10 min	<input checked="" type="checkbox"/>	TWA (o MPT) en el gráfico

Tiempo: 3.6 min

	Concentración
Zona cercana	53.4 mg/m ³
Zona lejana	3.82 mg/m ³
Zona cercana SS	55 mg/m ³
Zona lejana SS	5 mg/m ³
Masa emitida al tiempo=t	360 mg



IH MOD



Modelo de área con aire uniformemente mezclado y con la opción de suspensión de la emisión y evacuación por la ventilación



La tabla de datos se encuentra debajo del gráfico

	Valores iniciales	<i>¿Modificar los valores?</i>	
Tasa de emisión másica del contaminante (G)	1000 mg/min	< >	1000 mg/min
Tasa de ventilación (Q)	10 m ³ /min	< >	10 m ³ /min
Volumen del área (V)	50 m ³	< >	50 m ³
Concentración del contaminante al t0	0 mg/m ³	< >	0 mg/m ³
Concentración del contaminante en el aire entrante (Cin)	0 mg/m ³	< >	0 mg/m ³
KL= valor del mecanismo de pérdida (fracción/min)	0.0%	< >	
Tiempo máximo de simulación...	60 min		Masa emitida al tiempo=t 13200 mg
Tiempo al final de la emisión	20 min		Equilibrio potencial estimado en: 100 mg/m ³

TWA (o MPT) en el gráfico

Tiempo

13.2 min

Concentración

92.9 mg/m³

15 minutos siguientes **69.8 mg/m³**

Modelo de área con aire uniformemente mezclado y con la opción de suspensión de la emisión y evacuación por la ventilación



Conversión de unidades

IH STAT

Estadísticas de Higiene Ocupacional

LEO o OEL

0.15

Datos

0.06
0.1
0.05
0.1
0.01
0.09
0.04
0.2
0.04
0.08
0.08
0.03
0.09
0.03
0.07



Estadística descriptiva

Número de muestras (n)	15
Máximo (máx.)	0.2
Mínimo (mín.)	0.01
Rango	0.19
Media	0.0713
Mediana	0.07
Desviación Estándar (s)	0.0453
Media geométrica	0.0584
Desviación estándar geométrica DEG	2.03
Porcentaje por encima del LEO	6.7%

Prueba de ajuste de una distribución

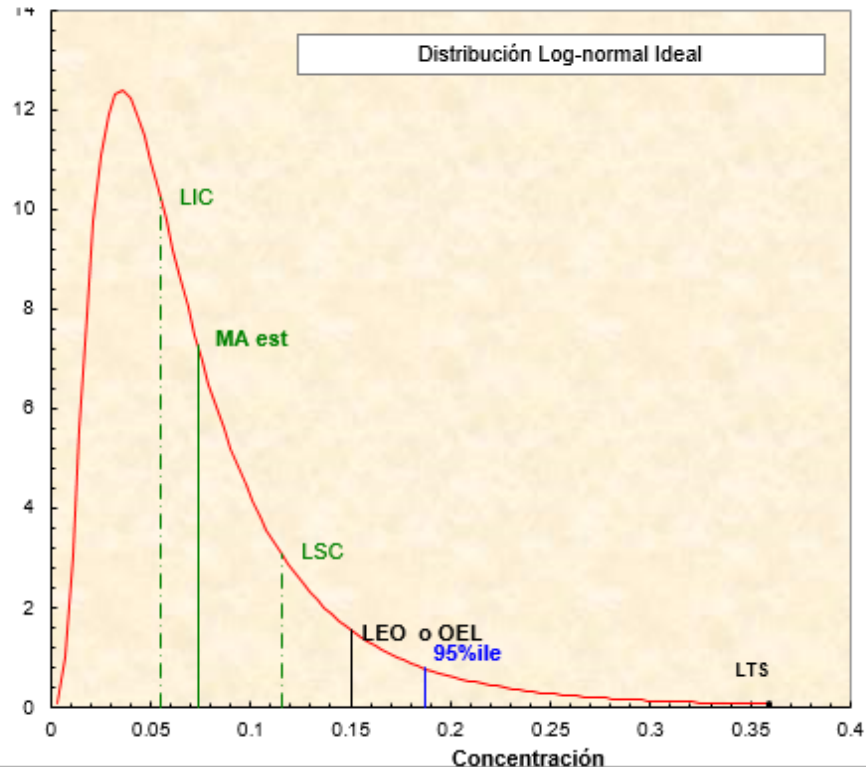
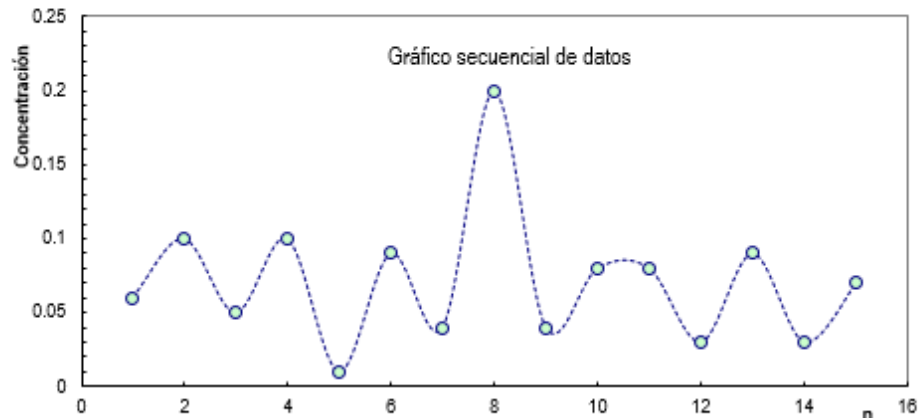
Prueba W de datos log-transformados	0.932	
Log-Normal ($\alpha = 0.05$)?	Si	
Prueba o Test-W de datos	0.870	
Normal ($\alpha = 0.05$) ?	No	

Estadísticas paramétricas para distribuciones Log-normales

Media aritmética estimada (MA est.)	0.074
LC1, 95% - Land's "Exacto"	0.055
LCS1, 95% - Land's "Exacto"	0.116
Percentil 95	0.187
LTS 95%, 95%	0.359
Fracción excedente del LEO	9.1%
LC1, 95%, $\% > OEL$	2.82
LCS1, 95%, $\% > OEL$	23.4

Estadísticas paramétricas para distribuciones normales

Media	0.0713
LC1, 95% - estadística-t	0.051
LCS1, 95% - estadística-t	0.092
Percentil 95 - Z	0.146
LTS 95%, 95%	0.188
Porcentaje mayor que LEO	4.1%



IH Data Analyst (IHDA)

IHDataAnalyst-LiteEdition V1.0.5

File View Calculate Graphs Reports Help

Calculate All GOF Graphs Statistics BDA Charts

Data GOF BDA Initial Rating CDA

Statistics GOF Graphs BDA Charts CDA

Charts

Bars and Labels

- Solid bars
- Solid bars with labels
- Colored bars

Professional Judgment

Final Rating

- 0 - Trivial
- 1 - Highly-controlled
- 2 - Well-controlled
- 3 - Controlled
- 4 - Poorly-controlled

Certainty Level

- 1 - High
- 2 - Medium
- 3 - Low

Post

Facility Information

Facility

Department

Building

Process

Task

Substance Information

Substance

OEL

Comments

Data Entry

	CASE	CONC	<LOD	DATE	GROUP
1		2.2			
2		1.6			
3		3			
4		0.05			
5		0.02			
6		1.1			
7		1.6			
8		0.004			
9		0.007			
10					

Prior

Exposure Rating	Decision Probability
0	0.2
1	0.2
2	0.2
3	0.2
4	0.2

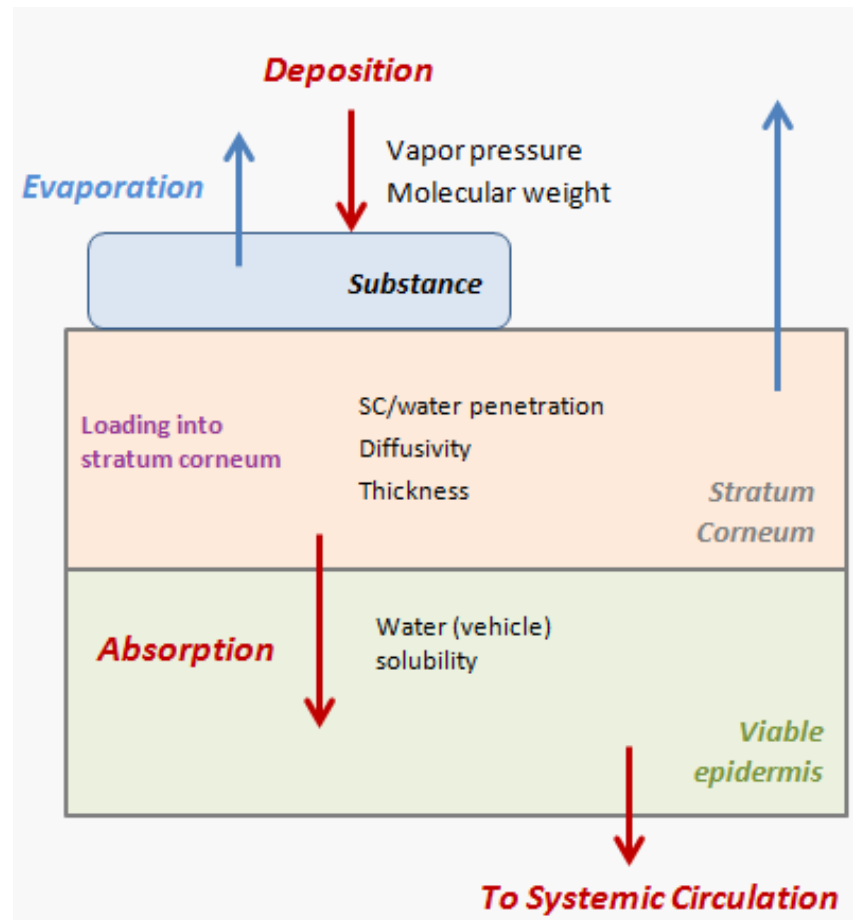
Likelihood

Exposure Rating	Decision Probability
0	0
1	0.002
2	0.761
3	0.224
4	0.013

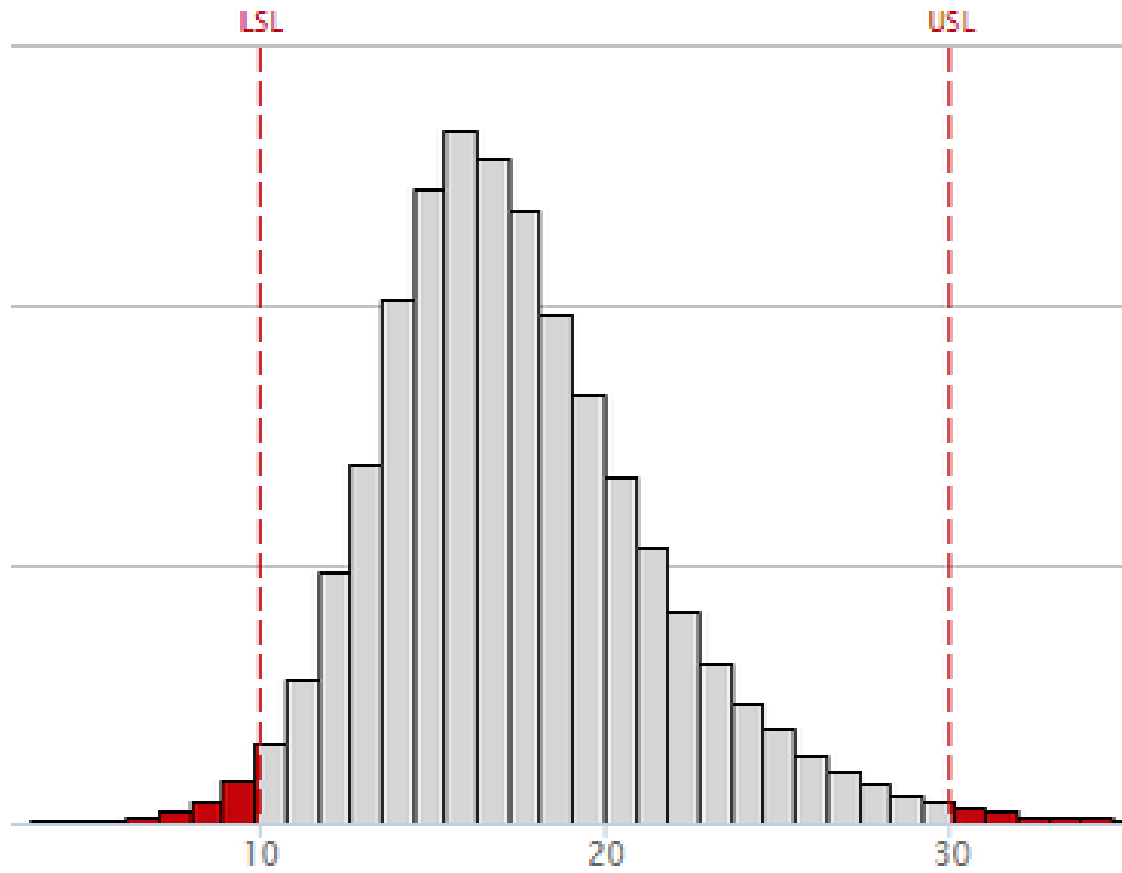
Posterior

Exposure Rating	Decision Probability
0	0
1	0.002
2	0.761
3	0.224
4	0.013

IH SkinPerm: Tools to Estimate Skin Absorption and Penetration



Monte Carlo Analysis



Qualitative Approaches

- Professional judgment
 - review of an existing data set by an expert in a related field
 - Such as industrial hygiene, epidemiology, medicine, toxicology
- Self-reported exposures
 - reliability issues



Combination Methods

- Can be extremely effective
- Often combine multiple data types into one reconstruction
 - Limited sampling data
 - Modeling efforts
 - Exposure information about ventilation and work practices
 - Expert judgment about likely exposures
 - Monte Carlo Analysis
 - Bayesian data analysis (BDA) or IHDA can be used to combine data



Real World Case Studies



NIOSH Case Study: Lead

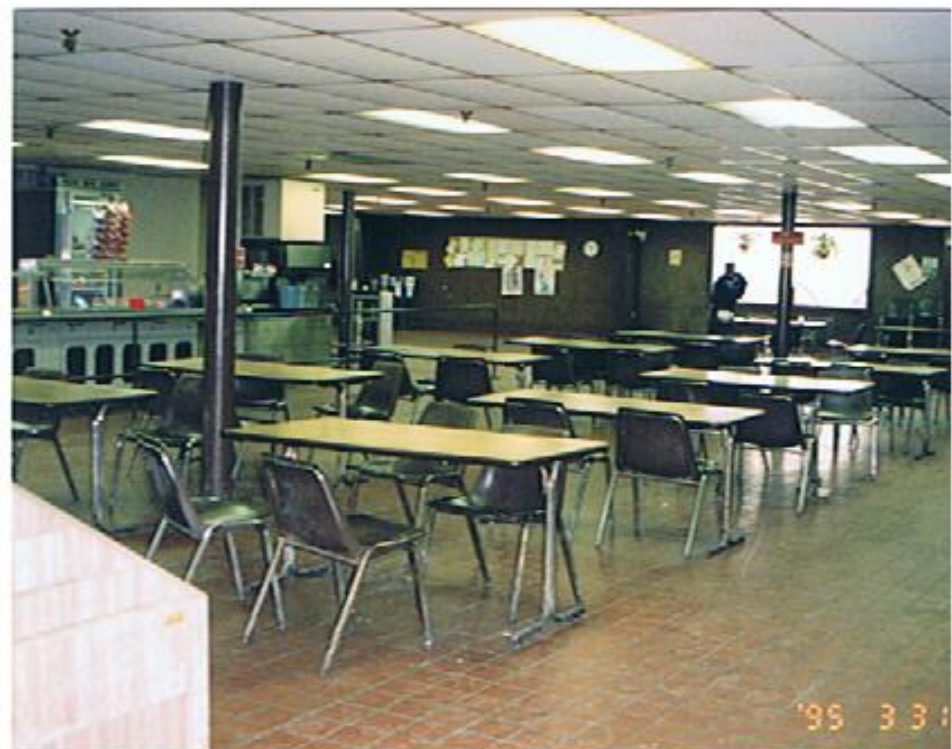
Goals:

- Identify skin exposures
- Assess risks due to dermal pathway
- Suggest and discuss possible interventions
- Assess the use of biological monitoring as a measure of intervention effectiveness

Who is Exposed?

- Pb: Estimated 600,000 industrial workers, military, law enforcement, recreational shooters, children. 1.5 billion lbs used (1992)
- Cd: Estimated 512,000 workers
- As: Estimated 55,000 workers, 30,000 metric tons used annually.
- Ni: Estimated 727,000 workers, women most affected, beauticians, health care.

Hygiene and Work Practices



Personal Protection



Ventilation Controls



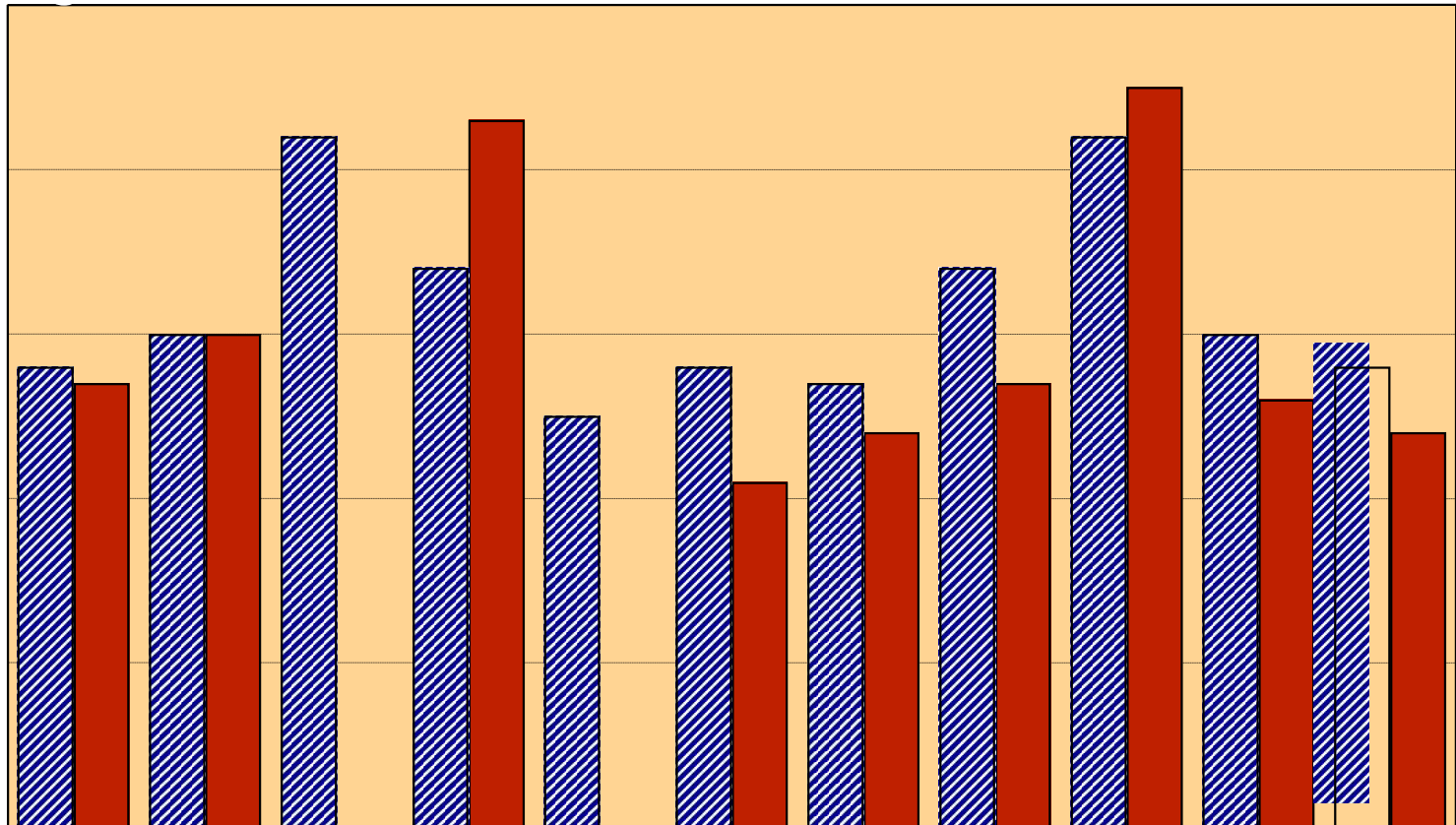
Pb Air Sampling

- 75% (33/44) > OSHA PEL
- Pasting 68 - 495 $\mu\text{g}/\text{m}^3$
- 1st Assy 15 - 418 $\mu\text{g}/\text{m}^3$
- Pouching 31 - 77 $\mu\text{g}/\text{m}^3$
- Grid Casting 12 - 43 $\mu\text{g}/\text{m}^3$

All workers wore respirators, but many had elevated blood leads

Blood Leads on Two Occasions

Eleven Employees



 BloodPb (4/1)  BloodPb (9/1)

Amount of Pb Loadings sampled from 2 hands

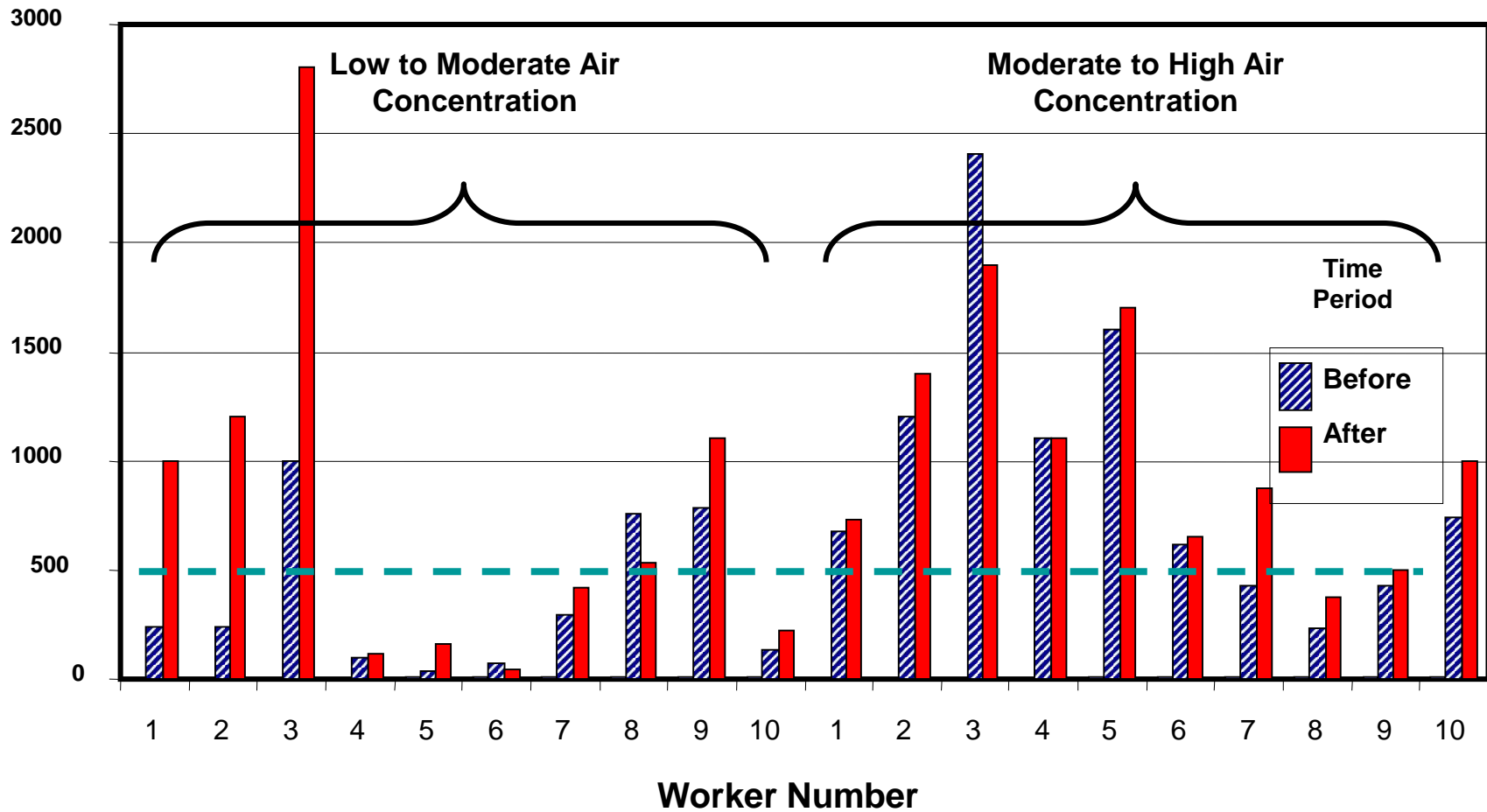
- End of work: 6,000 – 9,000 μg
- Upon arriving at work, Monday: $\sim 70 \mu\text{g}$
- Upon arriving at work, Tues – Thursday:

$\sim 150 \mu\text{g}$

The sampling recovery of experimentally contaminated hands using wet wipes is $\sim 50\text{-}60\%$ with one wipe.

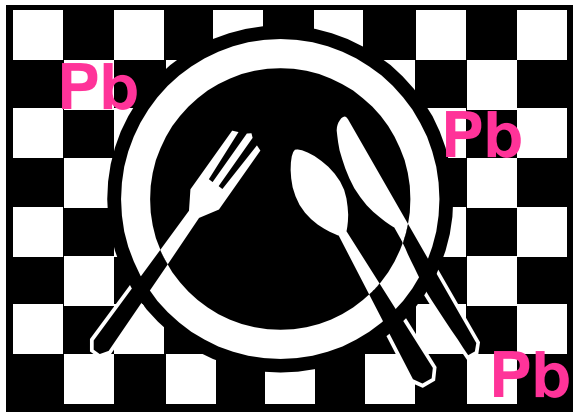
After Washing and After Eating in a Cafeteria

$\mu\text{g Pb}$ on hands



Wipe Sampling: Contaminated Surfaces

- Cafeteria Doorknobs 90 – 160 $\mu\text{g}/\text{ft}^2$
- Railing, Food Service Line 3700 $\mu\text{g}/\text{ft}^2$
- Steam Table 140, 320 $\mu\text{g}/\text{ft}^2$
- Cafeteria Tables 140 – 770 $\mu\text{g}/\text{ft}^2$
- 3 Kitchen Cutting Boards 9 – 130 $\mu\text{g}/\text{ft}^2$



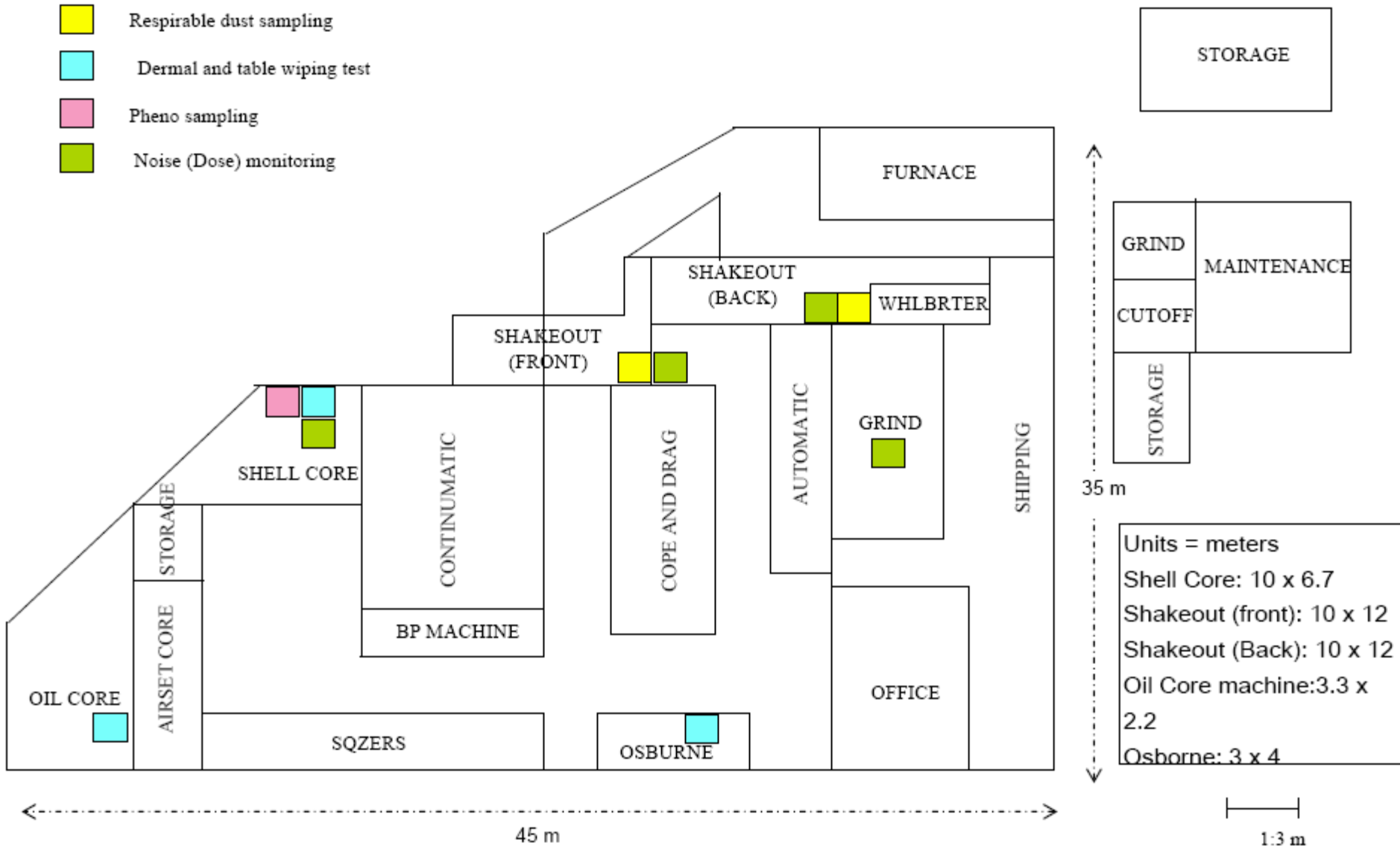
AIHA Exposure Assessment Strategies Committee Case Study – Silica Exposures

Gurumurthy Ramachandran

Susan Arnold

Map of Workplace

- Respirable dust sampling
- Dermal and table wiping test
- Pheno sampling
- Noise (Dose) monitoring



Units = meters
 Shell Core: 10 x 6.7
 Shakeout (front): 10 x 12
 Shakeout (Back): 10 x 12
 Oil Core machine: 3.3 x 2.2
 Osborne: 3 x 4

Shaker System

- Mold and iron part are lifted by crane pulley and placed on a vibrating platform (“Shaker”). The iron part and sand get knocked out onto platform.
- The sand/clay get moved away by a shake-out conveyor. The iron parts move to shakeout back end.
- The whole system vibrates heavily.
- Very dusty environment.
- **Potential Exposures of Concern = Respirable silica and Noise**

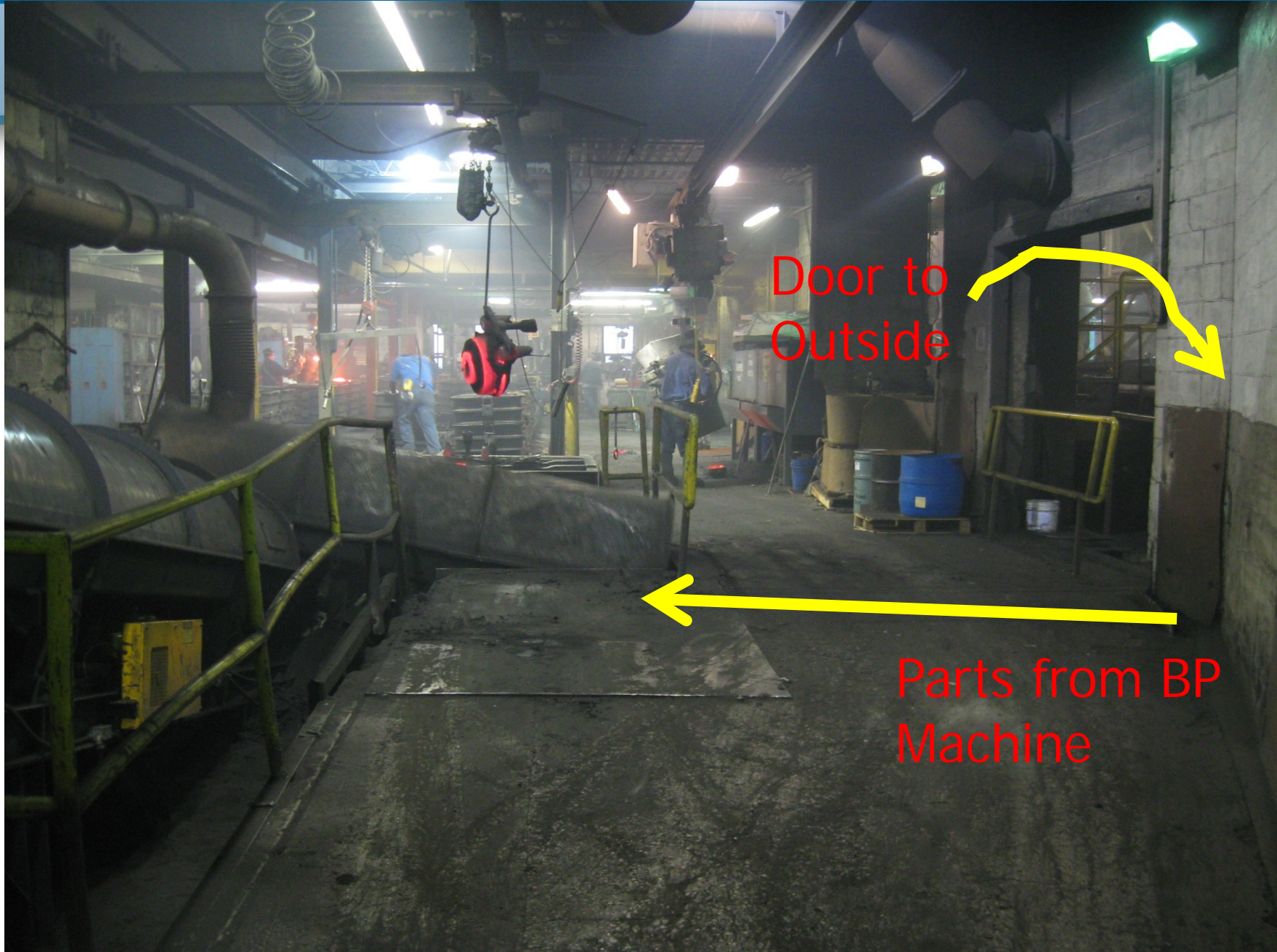
Shake-Out Front End - Hot



2009 Exposure Assessment Strategies Symposium

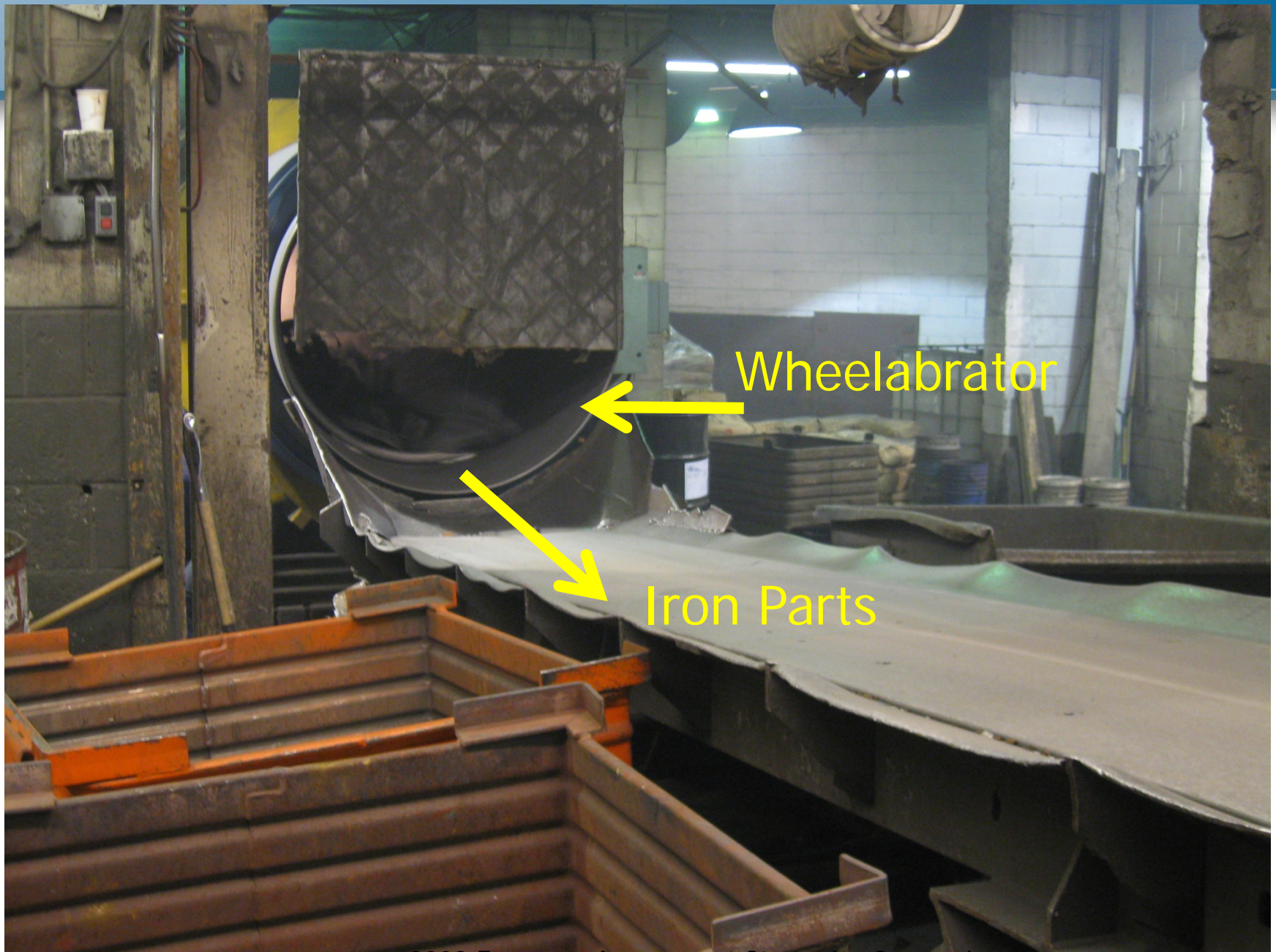
Moving onto Shaker





Door to Outside

Parts from BP Machine





2009 Exposure Assessment Strategies Symposium

Exposure Category Rating based on Basic Characterization for Respirable dust

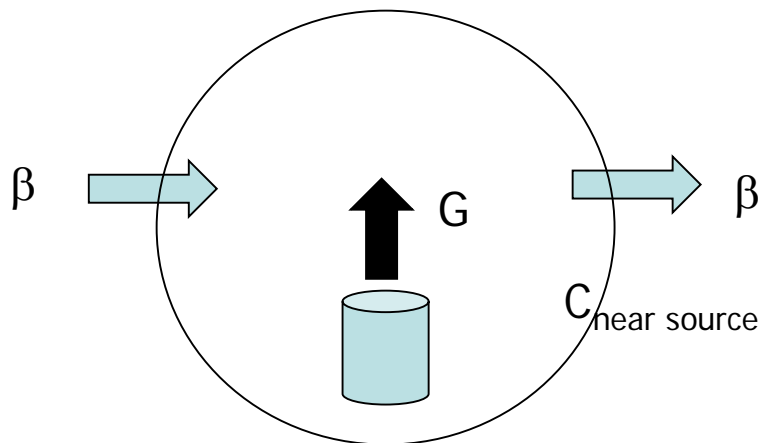
Based on the available knowledge, what is the probability that the 95th percentile of the exposure distribution lies in each of the following categories:

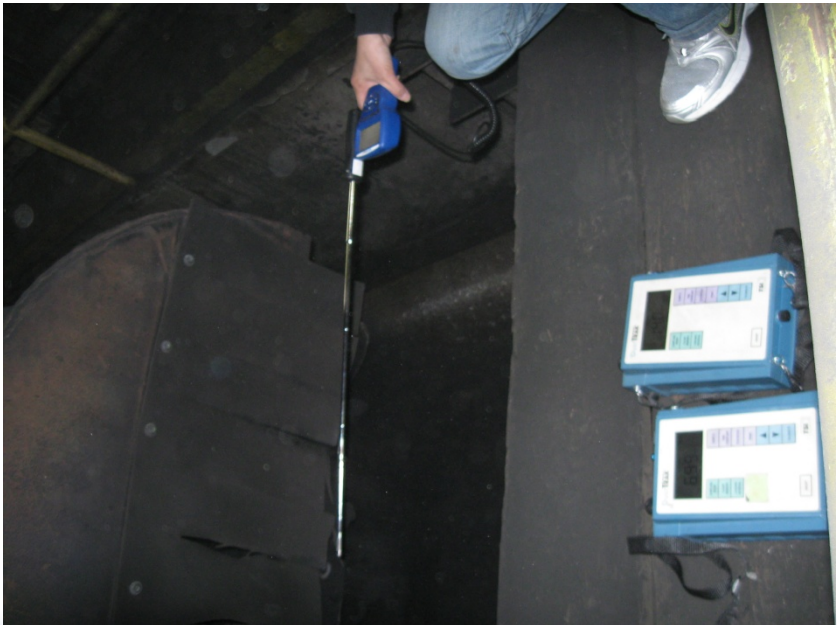
- 95th percentile $< 0.1 \times \text{OEL}$
- 95th percentile between $0.1 \times \text{OEL}$ and $0.5 \times \text{OEL}$
- 95th percentile between 0.5 and $1.0 \times \text{OEL}$
- 95th percentile $> \text{OEL}$

Estimating Generation Rates

- $G = C_{\text{near-source}} (\text{mg}/\text{m}^3) \times \beta (\text{m}^3/\text{min})$
- $Q = \text{Surface area of volume around source} (\text{m}^2) \times \text{Air Velocity} (\text{m}/\text{s}) \times 60 (\text{sec}/\text{min})$

- $C_{\text{near-source}} (\text{mg}/\text{m}^3) = \text{DustTrak}$
- $\text{Air Velocity} (\text{m}/\text{s}) = \text{Velocimeter}$

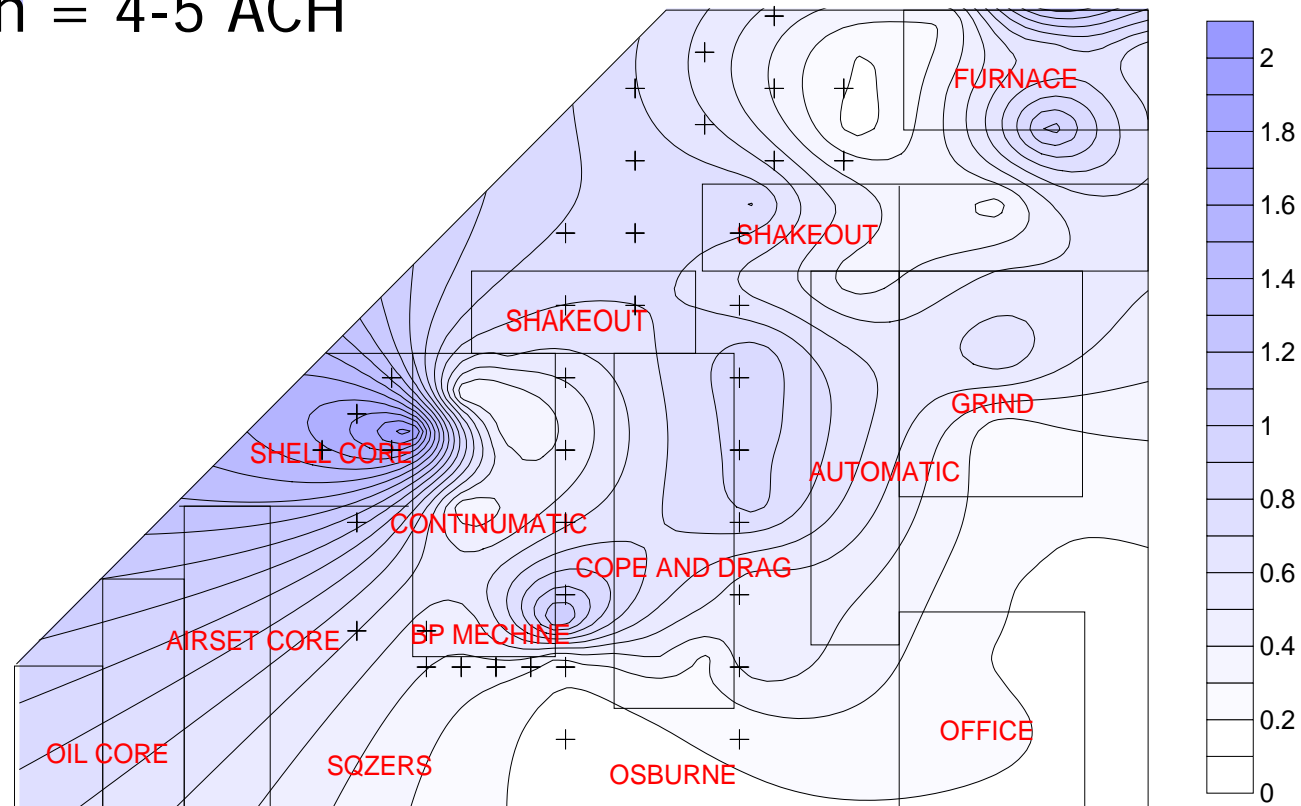




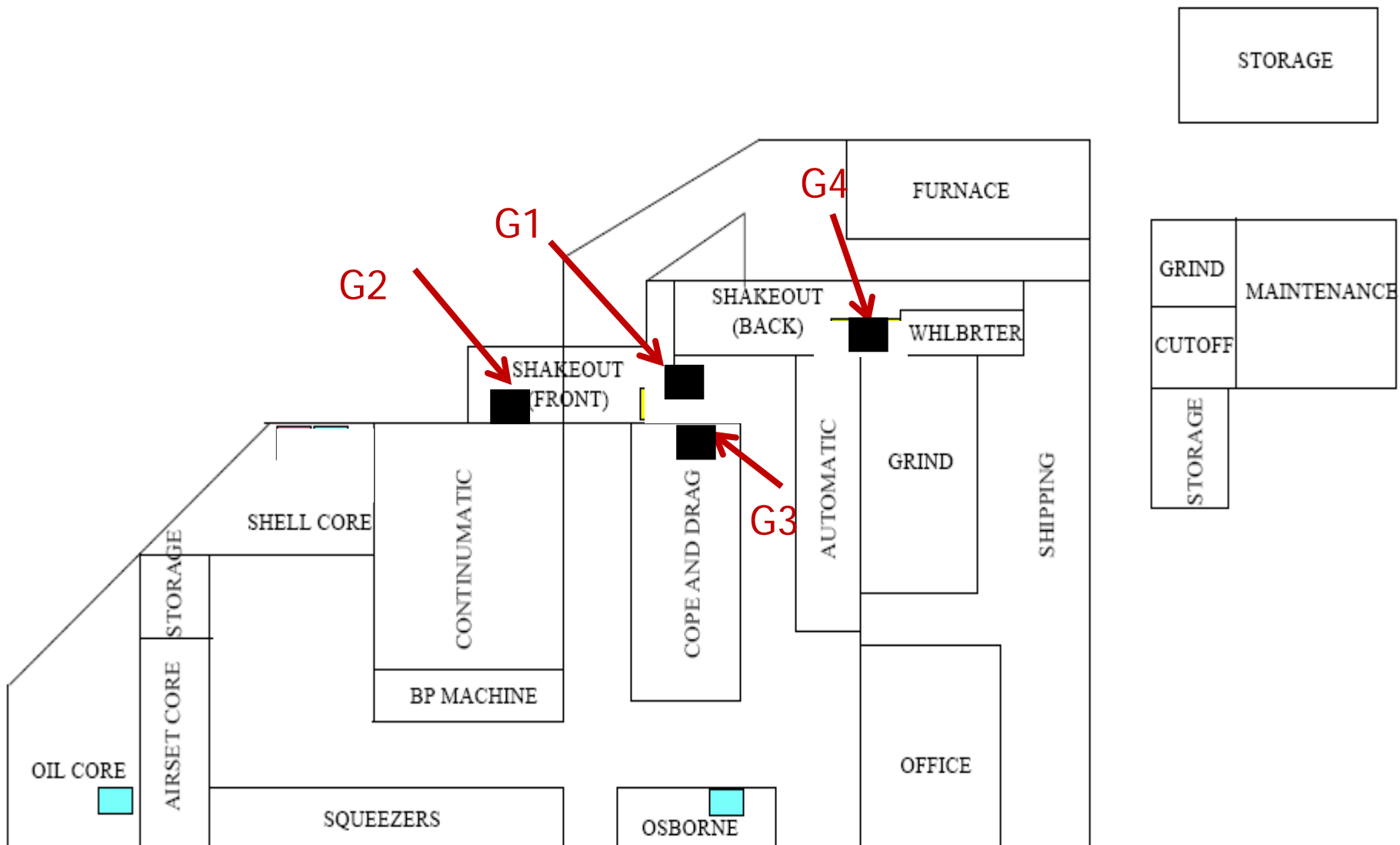
Air Velocity Profiles (meters/second)

Air Velocities in Shake-out areas = 0.3 – 0.6 m/s

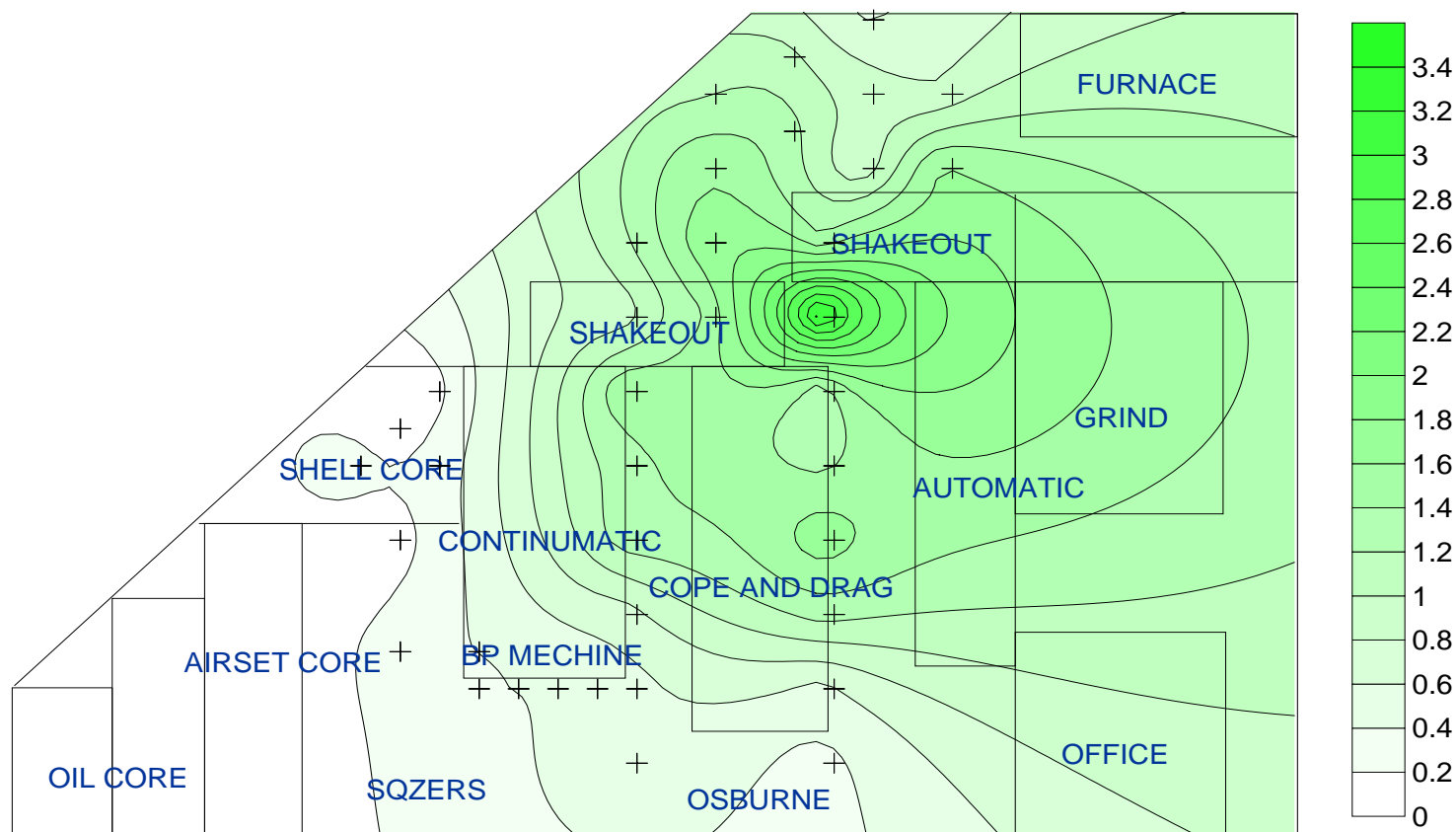
General Ventilation = 4-5 ACH



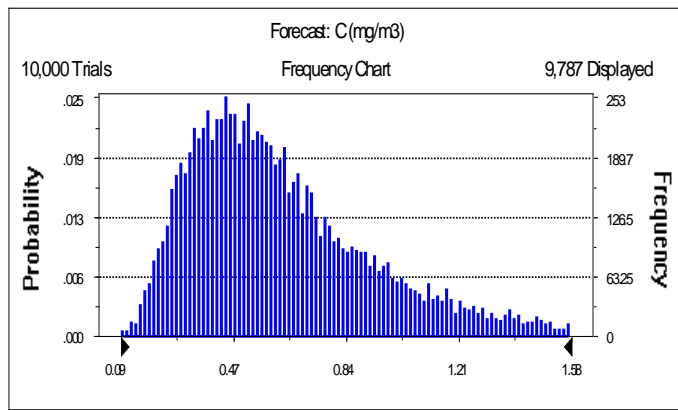
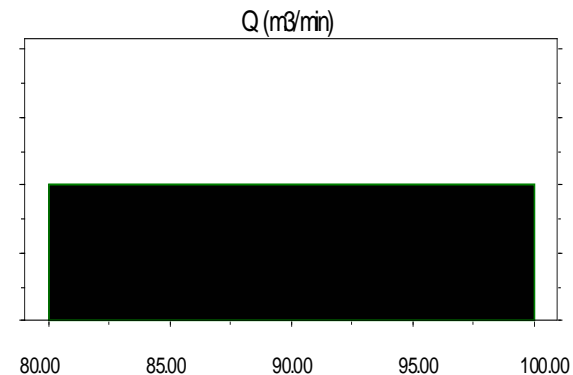
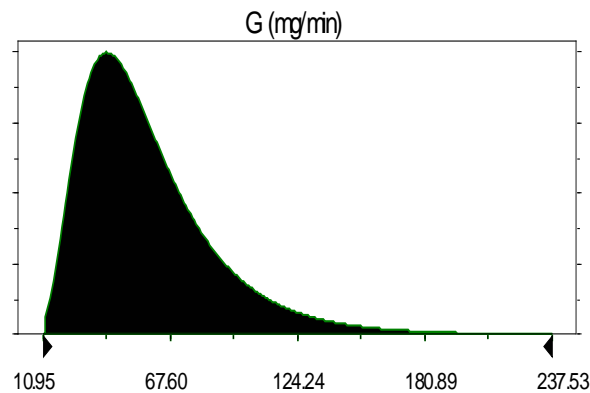
Generation rate measurements



Map of Respirable dust (using DustTrak)



Well Mixed Room Model for respirable dust



$$C = G/Q$$

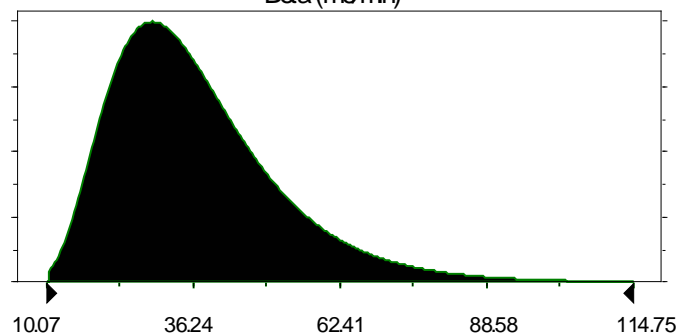
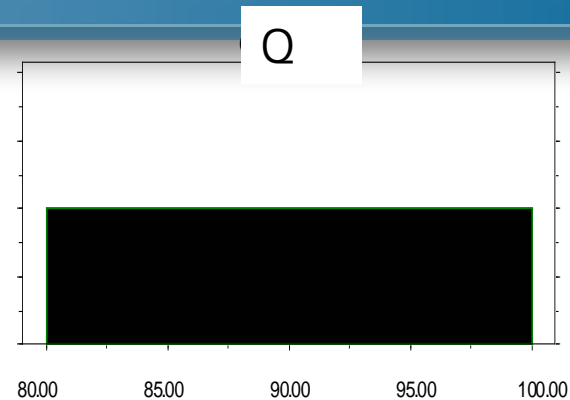
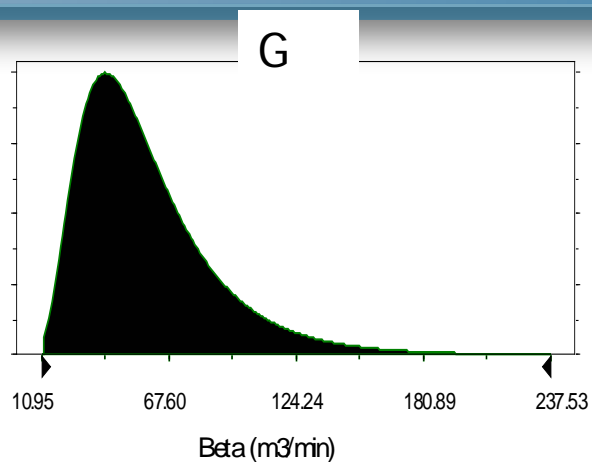
Median = 0.57 mg/ m³

Mean = 0.65 mg/ m³

95th Percentile = 1.32 mg/ m³

GSD = 1.67

Near-Field Far-Field Model for respirable dust



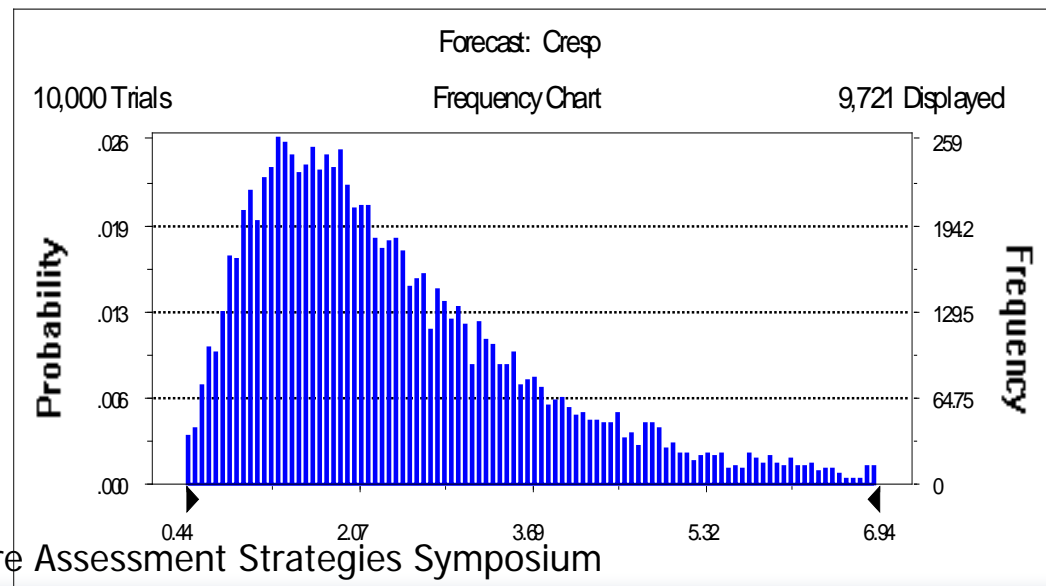
$$C = (G/Q + G/\beta)$$

Median = 2.12 mg/ m³

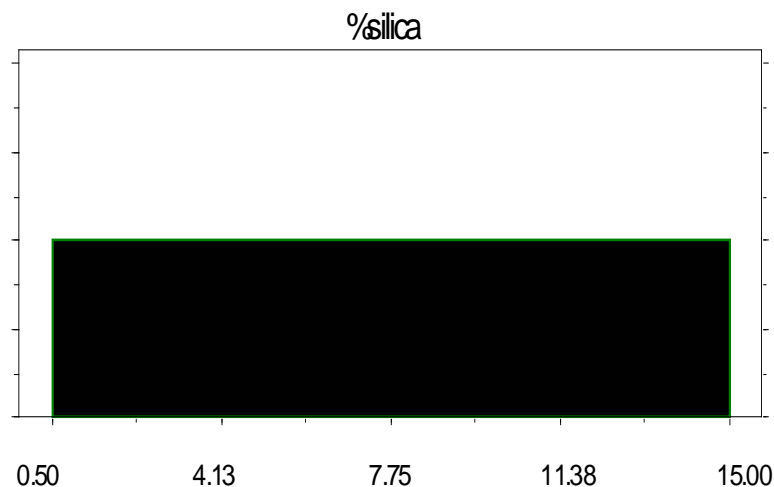
Mean = 2.54 mg/ m³

95th Percentile = 5.73 mg/ m³

GSD = 1.83



Near-Field Far-Field Model for respirable quartz



$$C = (G/Q + G/\beta) * \%quartz$$

Median = 0.20 mg/ m³

Mean = 0.25 mg/ m³

95th Percentile = 0.59 mg/ m³

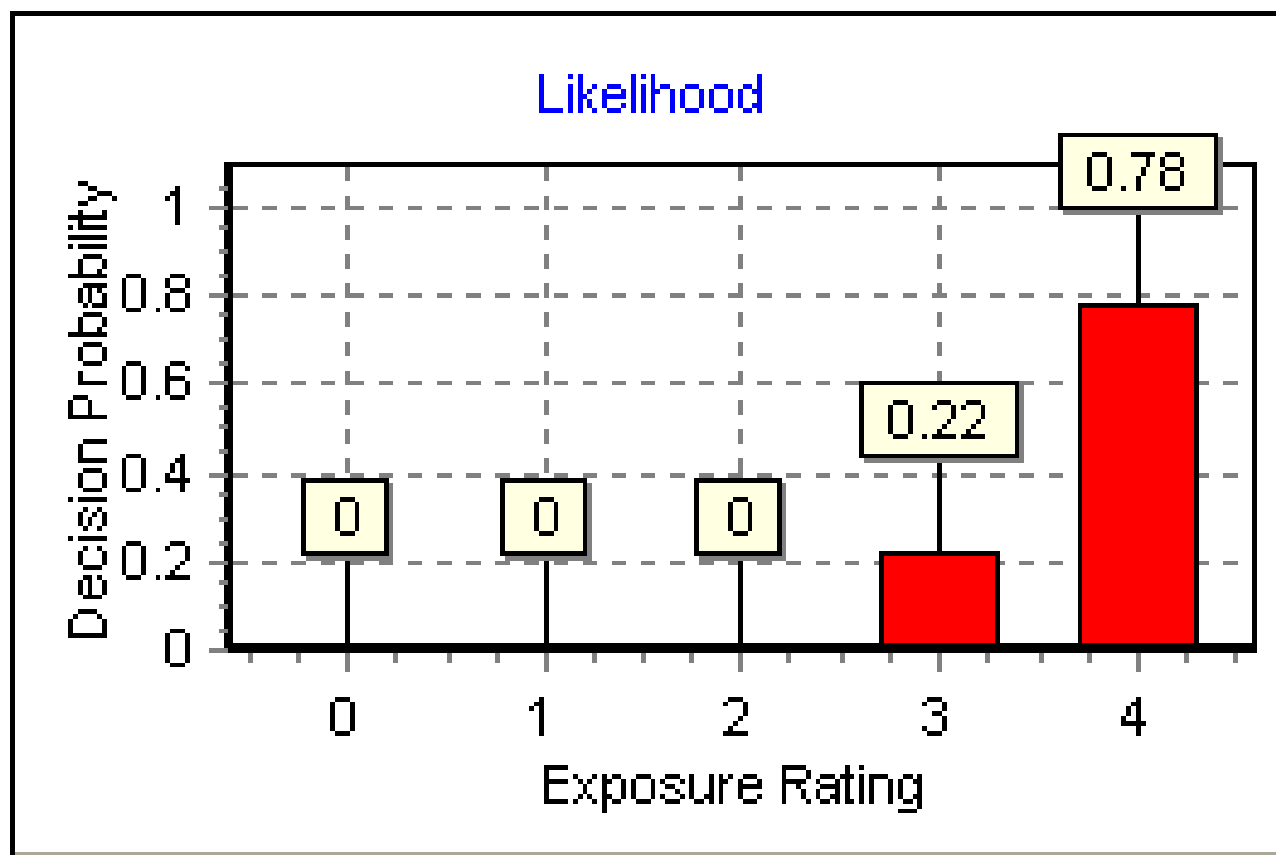
GSD = 1.93

Monitoring Data for Silica/Respirable dust

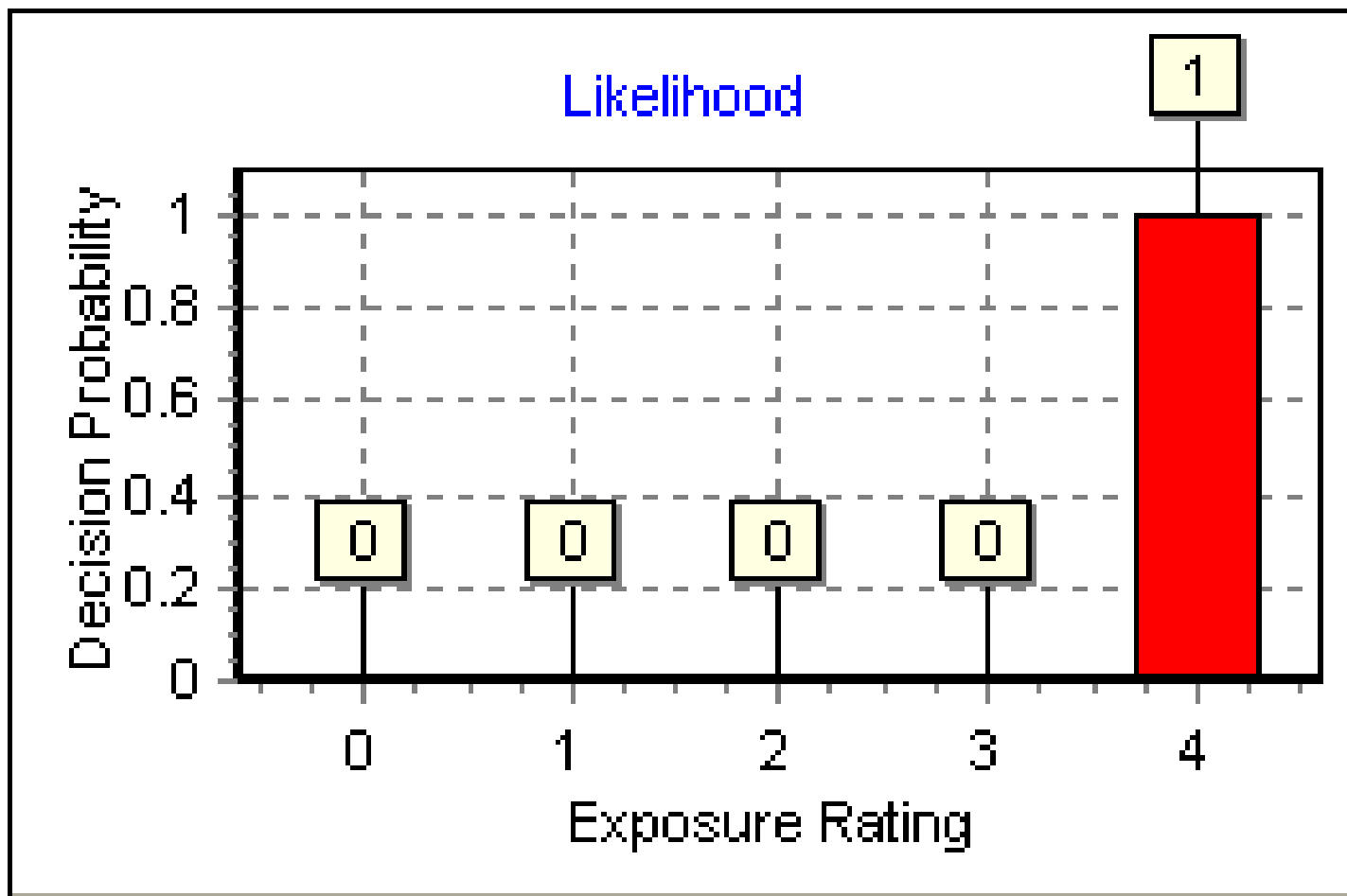
- 8 monitoring data points
- All personal samples from 230 to 470 minutes sampling time.
- Analysis of respirable dust by gravimetry and silica by XRD (NIOSH Method 7500)

Respirable dust (mg/m ³)	Quartz (mg/m ³)
0.99	0.11
2.6	0.22
1.9	0.29
2.7	0.16
1.5	0.08
2.4	0.24
1.7	0.072
1.1	0.047

Decision based on Respirable dust monitoring data



Decision based on Quartz monitoring data



Key Future Issues in Exposure Science

- Increasing the use of probabilistic techniques and uncertainty analysis
- Improving methods of validation
- Considering effects of chemical mixtures



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YOU DIDN'T BREATHE ON YOUR
WAY UP HERE DID YOU?

Publication of Assessments!



Most scientists regarded the new streamlined peer-review process as 'quite an improvement.'

Thank You!

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exposure & risk sciences